

MILWAUKEE COUNTY SENIOR DINING

WEST ALLIS
7001 W. NATIONAL AVENUE



FOR CURBSIDE PICK-UP ONLY

OCTOBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Roast Beef 3 Oat Bran Bread Pea & Cheese Salad Chips Melon Cup Rice Krispie Treat	Shaved Ham 4 Whole Wheat Bun Creamy Cucumber Salad Broccoli Florets Fruit Sugar Cookie	Turkey BLT Salad 5 <i>Chopped Turkey, Bacon</i> <i>Romaine, Tomato, Cheese</i> <i>Ranch Dressing</i> Poppy Seed Dinner Roll Blushing Pears Cereal Bar	Taco Salad 6 Taco Meat, Cheese Tomato, Peppers, Onion Lettuce, Dressing Tortilla Chips Pineapple Tidbits Jello	Submarine Sandwich 7 Carròt Raisin Salad Pickle Spear Applesauce Molasses Cookie
Tuna Salad 10 7-Grain Bread Baby Carrots Strawberry Yogurt Fruit Baker's Choice	Turkey & Swiss 11 Whole Grain Bun French Potato Salad 3-Bean Salad Banana Graham Crackers	Chef's Salad 12 Ham, Cheese, Egg Croutons, Tomato Romaine, French Dressing Muffin Fruited Yogurt Melon	Ham & Cheese 13 Marble Rye Bread Broccoli Slaw Sun Chips Mandarin Oranges Brownie	Chicken Tortilla Wrap 14 Black Bean Salad Cauliflower Fruit Baker's Choice Pie
Roast Turkey 17 Onion Bun Kidney Bean Salad Creamy Coleslaw ☑ Juice Pudding	Egg Salad 18 7-Grain Bread Marinated Vegetables Chips Granny Smith Apple Granola Bar	Big Mac Salad 19 <i>Ground Beef, Romaine</i> <i>Onion, Pickle, Cheddar</i> <i>1,000 Island Dressing</i> Dinner Roll Fruit Black Forest Cake	Seafood Salad 20 Leaf Lettuce Pasta Salad Baby Carrots Split-Top Dinner Roll Banana	21 ANNUAL TRAINING CLOSED
Hard Salami 24 Vienna Bread Broccoli Salad Cottage Cheese Peaches Snickerdoodle Cookie	Tuna Salad 25 Honey Wheat Bread Cherry Tomatoes Red Cabbage Slaw Sun Chips Oatmeal Raisin Cookie	Asian Salad 26 <i>Grilled Chicken, Vinaigrette</i> <i>Greens, Mandarin Oranges</i> <i>Chow Mein Noodles, Almonds</i> Hawaiian Dinner Roll Mixed Berries Angel Food Cake	Chicken Salad 27 Whole Wheat Bread Marinated Bean Salad Mixed Greens w/French Dressing Yogurt Fresh Orange	Roast Beef 28 Coney Bun Pasta Salad String Cheese ☑ Cran-Apple Juice Carrot Cake

RESERVATIONS REQUIRED



24-Hour Notice 9:00-11:00



PLEASE CALL

414-302-8703



Suggested Contribution

\$3.00

60+

