



WISH

Women Initiate Self-healing & Hope

Domestic Violence Support Group



EVERYONE deserves a relationship based on mutual love and respect, **NO ONE** deserves to be abused.

WISH is a support, empowerment, and educational group for women who are in an abusive relationship or have been in an abusive relationship. The group helps women gain support, insight and strength from other women who have experienced domestic violence.

WISH provides a safe place to learn about the cycle of violence, gain self-awareness and heal. All services are free and confidential. The program is offered through the West Allis Police Department, in partnership with Crimson Charities & the Woman's Club of West Allis.

Topics include:

- Different types of domestic violence
- Personal growth and healing
- Building healthy relationships
- Self-awareness and boundaries
- Effective communication skills
- Self-care and healing
- The effect of domestic violence on children

WISH support group meets once a week on
Thursday from 6:00 –7:30p.m.

To reserve a space or for more Information call
414-302-8065

