

# Caring for



# Your Feet!

September 19 at 9:30 a.m.

Guest Speaker—Mary Kolwalke, RN  
Certified in Foot and Nail Care

Learn how your feet change as the years pass. Get information on caring for your feet and nails. Learn about foot care and the difference between a pedicure and foot/nail care. Come with questions; get answers.

Pre-registration required; call 414-302-8700.  
Complimentary Coffee; Door Prize Drawing