

Loving Touch Infant Massage Classes



BENEFITS OF INFANT MASSAGE:

- Begins a loving communication between parents and child
- Helps to strengthen and regulate the baby's primary body systems
- Reduces gas and colic and allows the baby to sleep better
- Helps the baby and parents to relax
- Increases parents confidence and handling skills
- Provides a way to develop quality interaction time between baby and parents

JOIN US FOR BOTH CLASSES OF INFANT MASSAGE ON:



Tuesday, November 29, 2016
10:00 a.m. – 11:00 a.m.
and

Wednesday, November 30, 2016
10:00 a.m. – 11:00 a.m.

WEST ALLIS HEALTH DEPARTMENT
7120 WEST NATIONAL AVENUE
WEST ALLIS, WI 53214

* Fees will be collected at first class:

\$10.00 – West Allis-West Milwaukee residents
\$20.00 – Non-residents

* Bring a blanket or mat for your baby to lie on—classes held sitting on floor. Dress baby in clothes that are easy to remove.

* One baby per each adult registered. (Babies ages 0 – 6 months)

* Limited class size – **Register early.**



ON-LINE REGISTRATION AT www.westalliswi.gov/ltim OR CALL
THE HEALTH DEPARTMENT AT 414-302-8600.