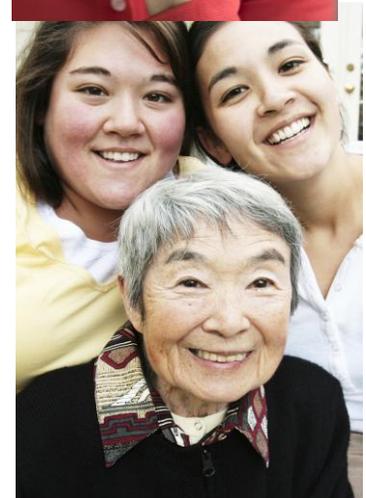
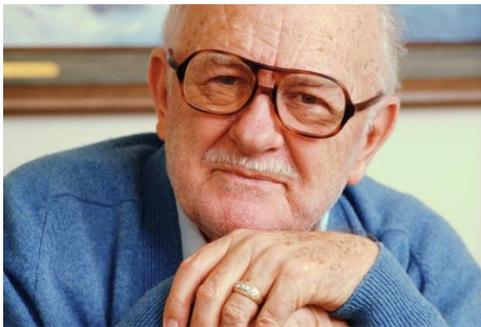




2014 – S.A.F.E. Book



***Provided by the West Allis Commission on Aging
with Community Block Grant Funding
Published December 2013***

Welcome

Dear Seniors:

The S.A.F.E. Book is designed to encourage older adults to be aware of what services and information are available. On the following pages, there is information pertaining to older adults' specific needs. Please keep the S.A.F.E. Book in a handy place near a telephone.

The West Allis Commission on Aging encourages older adults to become more involved and to take advantage of the programs and services outlined in this book.

Sincerely,

*Dan Devine
Mayor, City of West Allis
(414) 302-8290*

West Allis Commission on Aging

The Commission on Aging attempts to identify and catalog community resources of all kinds, which are available to meet the needs of senior citizens. The Commission on Aging also recommends to appropriate agencies, community resources, which should be instituted, improved or enlarged in order to meet the needs of senior citizens. The Commission on Aging is the governing and policy making body for the West Allis Senior Center. The Commission on Aging generally meets on the fourth Monday of every month at 4:00 p.m. at the West Allis Senior Center (unless otherwise noted).

We want to hear from you. Please direct comments on this book or any topics of interest that the Commission should address to:

**West Allis Commission on Aging
C/o West Allis Senior Center
7001 W. National Ave.
West Allis, WI 53214**

Phone:.....(414) 302-8700

Fax:.....(414) 302-8701

The intention of this **S.A.F.E (Seniors Against Fear in our Environment) Book** is to provide general information regarding available resources in the West Allis Community. The West Allis Commission on Aging does not endorse, rate, comment or evaluate resources, programs or providers. Therefore, the West Allis Commission on Aging does not imply any sort of endorsement by inclusion in this resource directory. All information in this book is based upon the best information available at the time of publication. The West Allis Commission on Aging assumes no responsibility for changes, errors or omissions.

Special thanks to Lillian Kasun, West Allis Senior Center volunteer
for her assistance in updating the S.A.F.E. Book.

City of West Allis – 2014 S.A.F.E. Book

The listing of a service, program, or agency does not imply endorsement.

Table of Contents

<u>Subject</u>	<u>Page Number</u>
Welcome	inside front cover
West Allis Common Council Members	2
Guide to City of West Allis Municipal Buildings & Departments	3 & 4
West Allis Commission on Aging	inside front cover & 4
S.A.F.E. Services (Info on Police & Fire Department Services)	5 & 6
Adult Day Service Programs	6 & 7
Benefits	7
Consumer Issues	7 – 12
Counseling Services and Support	12 & 13
Dental Care Information	14 & 15
Education	15 & 16
End of Life Issues, Resources & Hospice	16 - 18
Health Organizations	18 & 19
Health Services - West Allis Health Department	20 & 21
Health Services – Aurora West Allis Medical Center	21
Helping Services	21 - 23
Home Health Care & Assistance Services	23 & 24
Housing	25 - 29
Identification Cards	29
Library Outreach	30
Long Term Care Resources	30
Medicare, Insurance & Legal Advocacy	30 & 31
Nursing Homes and Rehabilitation Facilities	32
Nutrition, Food and Grocery Shopping	33 - 36
Pet-Related Services	36
Political Advocacy	36 & 37

Table of Contents

Political Contact Information.....	37 & 38
Prescription Drugs	38 & 39
Respite Services – Long & Short Term Relief for Caregivers	39
Senior Centers and Recreational Programs in the West Allis Area.....	39 & 40
Transportation.....	40 - 43
Veteran Affairs.....	43 & 44
Volunteer Opportunities.....	45 & 46
West Allis Senior Center Services/ Ongoing Classes & Activities	47 - 49
Index	50 - 58
Emergency Numbers.....	outside back cover

West Allis Common Council Members

First Aldermanic District:

Vincent VitaleCity Hall Voice Mail: (414) 302-8481 Residence: (414) 545-5659
Michael Czaplewski..... Office: (414) 604-9452 Residence: (414) 475-1705

Second Aldermanic District:

Martin J. WeigelResidence: (414) 774-0639
Cathleen M. ProbstResidence: (414) 687-3129

Third Aldermanic District:

Gary T. BarczakResidence: (414) 774-0495
Michael P. MayResidence: (414) 460-6442

Fourth Aldermanic District:

Thomas G. Lajsic Office: (414) 328-5301 Residence: (414) 327-2661
Daniel RoadtResidence: (414) 321-7264

Fifth Aldermanic District:

Rosalie Reinke.....Residence: (414) 543-0587
(TBA Position was vacant at time of printing).....(Election April 1, 2014)

Guide to City of West Allis Municipal Buildings & Departments

West Allis City Hall www.westalliswi.gov(414) 302-8200
Fax(414) 302-8207
 7525 W. Greenfield Ave., West Allis, WI 53214
Business hours: Monday through Friday: 8 a.m. to 5 p.m.

All offices below are located at the address listed above, unless otherwise noted.

Administrative Office(414) 302-8292
Assessor(414) 302-8230
City Attorney(414) 302-8450
Building Inspections and Zoning.....(414) 302-8400
Clerk.....(414) 302-8200
Community Development Authority of West Allis(414) 302-8460
Development(414) 302-8460
Engineering.....(414) 302-8360
Finance(414) 302-8260
Housing Division(414) 302-8430
Mayor(414) 302-8290
Treasurer(414) 302-8200

Farmers' Market.....(414) 302-8652
 1559 S. 65th St Business hours: Tuesday and Thursday from Noon to 6 p.m. and Saturday from
 West Allis, WI 53214 1 p.m. to 6 p.m. The Farmers Market is open the first Saturday in May through the
 Saturday after Thanksgiving. Trash and Treasure sales are from 8 a.m. to 5 p.m. on
 Sundays, which is open from the first Sunday in May through the last Sunday in
 October.

Fire Department.....**Emergency: Dial 911**
Non-Emergency(414) 302-8000
Fax:.....(414) 302-8927

Administration & Station 1:	Station 2:	Station 3:
7300 W. National Ave.	2040 S. 67 th Pl.	10830 W. Lapham St.
West Allis, WI 53214	West Allis, WI 53219	West Allis, WI 53227

Health Department(414) 302-8600
Fax:(414) 302-8628
 Information Line Recording(414) 302-8670
 7120 W. National Ave., West Allis, WI 53214

Library.....(414) 302-8500
Fax:.....(414) 302-8545
 7421 W. National Ave., West Allis, WI 53214

Municipal Court.....(414) 302-8181
 11301 W. Lincoln Ave., West Allis, WI 53227

Police Department:**Emergency: Dial 911**
Non-Emergency:(414) 302-8000
Fax:.....(414) 302-8099
 11301 W. Lincoln Ave., West Allis, WI 53227

Guide to City of West Allis Municipal Buildings & Departments

Public Works Department(414) 302-8888
6300 W. McGeoch Ave. Fax: (414) 302-8889
West Allis, WI 53219

Forestry and Grounds Division(414) 302-8811
Sanitation and Street Division(414) 302-8800
Water Division.....(414) 302-8830

West Allis Senior Center(414) 302-8700
7001 W. National Ave. Fax:(414) 302-8701
West Allis, WI 53214 **Information Line: (414) 302-8719**

Interfaith West Central Resource Center: (located on the Senior Center's 2nd floor) (414) 302-8711

West Allis Commission on Aging

The West Allis Commission on Aging is comprised of nine City of West Allis residents appointed by the Mayor, and approved by the Common Council. The functions and duties of the Commission on Aging are the following: to advise the Common Council annually of its activities; make recommendations to the Common Council in areas affecting the welfare of senior citizens, either upon its own initiative or upon referral of matters to it by the Common Council; keep advised of activities of Federal, State and County Agencies working the area of issues of senior citizens and provide liaison with such other government agencies. The Commission on Aging also conducts a continuous study of the needs of senior citizens within the city through census data, surveys, questionnaires, hearings and informal discussions in the areas of housing, medical care, recreation, employment and other concerns of senior citizens. The Commission on Aging meets on the fourth Monday of every month at 4:00 p.m. at the West Allis Senior Center (unless otherwise noted).

The Commission on Aging attempts to identify and catalog community resources of all kinds, which are available to meet the needs of senior citizens. We want to hear from you. Please direct comments on this book or any other topics of interest to:

West Allis Commission on Aging.....(414) 302-8700
C/o West Allis Senior Center Fax: (414) 302-8701
7001 W. National Ave.
West Allis, WI 53214

West Allis Commission on Aging Members

Patricia Wikenhauser, Chairman
Terry Kelly
Margee Maydak
Judith Schmidt
Linda Timm
Deborah Tiegs
John Zentgraf
Bekki Schmitt, Interfaith Representative

West Allis Health Department Staff

Sally Nusslock, Health Commissioner
Marilyn Matter, R.N.
Peggy Pipia, Health Educator
West Allis Senior Center
Denise Koenig, Director
Jane Kolinski, Assistant Director

S.A.F.E. Services offered by the City of West Allis

West Allis Police DepartmentIf a crime is in progress: “911”
11301 W. Lincoln Ave. For Emergencies: “911”
West Allis, WI 53214 Non-emergency: (414) 302-8000

Crime Prevention:.....(414) 302-8050
Brochures and other information are available on fraud against the elderly, personal safety and other various crime prevention programs.

Fraud Prevention:(414) 302-8050
In many fraud cases that are reported to the Police Department, elderly residents are the victims. There are numerous scams being circulated daily but all revolve around one theme: taking money. If you have a question about an offer you have received, call the Police Department and ask to speak to someone in the Crime Prevention Bureau. If no one is available and you need immediate assistance, ask to speak to the desk sergeant who can answer questions.

Home Security Program:(414) 302-8050
This free program is available to any residents who meet certain income guidelines or are at least 62 years of age. Community Development funds are used to provide various home security devices such as deadbolt locks, basement window bars and door security.

Neighborhood Watch: (414) 302-8050
Citizens in each neighborhood are encouraged to work together and report any suspicious activity to the Police Department in an effort to prevent crime and future criminal activity.

Operation Identification:(414) 302-8050
Engravers are available for one to use to identify valuables in case of theft.

Prescription Drug Drop Off Site(414) 302-8050
West Allis Police Department (Lobby)
11301 W Lincoln Avenue
West Allis, WI 53214
The West Allis Police Department now offers a 24/7 Prescription Medication drop off site located inside the Police Department. Acceptable items include: prescription and over-the-counter medications, vitamins, medication samples, pet medications, inhalers, and liquid medication in leak proof containers. Items do not have to be removed from the bottle or packaging. Program is sponsored by the West Allis - West Milwaukee Community Coalition.

West Allis Crime Stoppers:.....(414) 476-CASH or (414) 476-2274
Crime Stoppers offer cash rewards for information leading to arrest and filing of criminal charges against offenders. This number may also be used if you have information on a crime and wish to remain anonymous.

West Allis Mediation Center.....(414) 302-8064
This dispute resolution center for City of West Allis residents provides help for neighbor disputes, boundary disputes and noise complaints with the help of an unbiased mediator. Meetings are held at the:

Municipal Court
11301 W. Lincoln Ave.
West Allis, WI 53227

S.A.F.E. Services offered by the City of West Allis

West Allis Fire Department**Emergency: Dial 911**
Fire Administration Building **Non-emergency: (414) 302-8900**
7332 W. National Ave. **Non-emergency calls outside of regular business hours: (414) 302-8000**
West Allis, WI 53214 The West Allis Fire Department services include Fire Suppression, Emergency Medical Services (Basic Life Support and Advanced Life Support), Fire Inspection, Fire Investigation, Hazardous Material Mitigation, Confined Space Entry/Rescue, Ice/Water Rescue, Tunnel Rescue, Juvenile and Senior Fire Safety Programs, Survive Alive Program and Underground Tank Inspection.

Ambulance Service:**911**
Provides emergency medical transport to all area hospitals. Fees depend on services provided.

Fire Safety:**(414) 302-8900**
The Fire Department will conduct an inspection of your home upon request. Speakers are available to community groups for fire prevention tips.

West Allis Paramedics:**911**
Responds to medical problems, medical emergencies and trauma. Fees depend on services provided.

Adult Day Service Programs

The adult day service programs listed below provide a primary emphasis of health maintenance. The programs provide companionship, recreational activities, health monitoring and personal care. Several offer therapy and respite care as well.

Wisconsin Adult Day Services Association www.wadsa.org**(414) 464-3888**

Adult Day Services & Resource Center Milwaukee (Catholic Charities)**(414) 771-2881**
1919 N. 60th St.
Milwaukee, WI 53208

Aurora Adult Day Center:**(414) 374-4000**
336 W. Walnut St.
Milwaukee, WI 53212 A special Alzheimer’s unit and memory loss unit is available.

Clement Manor Adult Day Care:**(414) 546-7366**
3939 S. 92nd St.
Greenfield, WI 53228

Community Care:**(414) 385-6600**
1555 S. Layton Blvd.
Milwaukee, WI 53215

Curative Senior Care Center:**(262) 574-9147**
149 Wisconsin Ave.
Waukesha, WI 53186

Adult Day Service Programs

Easter Seals Adult Day Services(414) 449-4444
2222 S 114th St.
West Allis, WI 53227

Luther Manor Adult Day Center:(414) 464-3888
4545 N. 92nd St.
Milwaukee, WI 53225

Mitchell Manor Adult Day Services:.....(414) 615-7342
2360 S. 54th St.
West Allis, WI 53219

National Alliance for Caregiving..... www.caregiving.org

Veteran's Affairs Adult Day Health Care:(414) 384-2000 Ext. 41969
5000 W. National Ave.
Building 70, East Wing
Milwaukee, WI 53295 *For Veterans age 60 or older only. Co-payment may apply.

Wisconsin Adult Day Services Association..... www.wadsa.org

Benefits

BenefitsCheckUp®.....www.benefitscheckup.org

National Center for Benefits Outreach and Enrollment – Supported by the U.S. Administration on Aging, Department of Health and Human Services. There are benefits you may be missing. BenefitsCheckUps help you find and enroll in public and private benefit programs. You can also find an online application for Medicare's Extra Help. It's simple, free and includes the most up to date information.

Legal Action of Wisconsin (SeniorLAW Benefit Specialist)(414) 278-1222

Free benefit assistance is available through the SeniorLAW program for Milwaukee County residents age 60 or over. Public benefits include: Medicare, Medicaid Assistance, Long Term Care, Social Security, SSI, Food Stamps and Subsidized Housing or Homestead Credit. SeniorLAW can also help with healthcare papers and understanding changes in the law that may affect you. Representation in court may be available for cases involving guardianship, elder rights, housing and computer scams.

Consumer Issues

Aging Resource Center of Milwaukee County (414)-289-6874

Milwaukee County Department on Aging

1220 W. Vliet Street, Suite 302

Milwaukee, WI 53205 The Aging Resource Center of Milwaukee County provides information and assistance on all aging issues including long term care options, how to access senior benefits and older adult services, elder abuse/neglect reporting, links to state and national elder information sites and more.

Consumer Issues

Area Agency on Aging.....(414) 289-6874

Milwaukee County Department on Aging

1220 W Vliet Street, Suite 300

Milwaukee, WI 53205 Providing information on Community Programs, Services, Advocacy, Senior Dining Sites and Home Delivered meals (menus and information), Family Caregiver support Network, Advocacy and Legislation, Senior Centers, Transportation and more.

Better Business Bureau www.bbb.org(414) 847-6000

10101 W. Greenfield Ave, Suite 125

West Allis, WI 53214 Check out a business or charity, file a complaint, etc.

Coalition of Wisconsin Aging Groups (CWAG) www.cwagwisconsin.org.....(800) 366-2990

2850 Dairy Dr., Suite 100

Madison, WI 53718 The Coalition of Wisconsin Aging Groups (CWAG) is a nonprofit, nonpartisan statewide membership organization that provides leadership training, public education, legal and legislative advocacy and public policy development. CWAG's Elder Law Center provides legal services and resources to citizens 60 years and older with special emphasis on the frail elderly in need of long-term care. Most program services are offered free of charge.

Volunteer Benefits Counseling Program – Milwaukee County.....(800) 366-2990, Ext. 3

Assists Milwaukee County residents with understanding their Medicare benefits and with accessing other available public benefits. Helps beneficiaries apply for low-income subsidy for Medicare Part D, Medicare Savings Programs, Medicaid, and SeniorCare. Additionally, assistance is provided with finding the most appropriate Medicare Part D Plan for beneficiaries.

Wisconsin Senior Medicare Patrol www.wisconsinsmp.org.....(800) 488-2596 Ext. 6

One of the oldest federally funded “fraud buster” programs in the country. The project is dedicated to stopping healthcare fraud, waste and abuse.

Consumer Action Website.....www.consumeraction.gov

Get helpful tips on specific consumer issues, like buying a car or home or preventing identity theft. Site also addresses consumer complaints and has a step-by-step guide for filing complaints. Order a free copy of the latest Consumer Action Handbook.

Consumer Protection Regional Office(800) 422-7128 or (414) 266-1231

10930 W. Potter Rd., Suite C

Milwaukee, WI 53226

Disability Rights Wisconsin(414) 773-4646

6737 W. Washington St., Suite 3230

Milwaukee, WI 53214 Helps people gain access to services and opportunity through its advocacy and legal service. Serves people of all ages, including people with developmental disabilities, people with mental illness, people with physical or sensory disabilities, and people with traumatic brain injury.

Consumer Issues

Elder Abuse Reporting (In Milwaukee County) **If someone is in immediate danger, call 911**
The Aging Resource Center of Milwaukee County **(414) 289-6874**
1220 W. Vliet St., Suite 300
Milwaukee, WI 53205 Call to report abuse or neglect problems with an elderly person age 60 or over.

Elder Abuse – National Center on Elder Abuse (NCEA) www.ncea.aoa.gov **(800) 677-1116**
C/o University of California – Irvine **(855) 500-3537**
Program in Geriatric Medicine
101 The City Drive South
200 Building
Orange, CA 92868 The National Center on Elder Abuse (NCEA) serves as a resource center dedicated to the prevention of elder mistreatment. Resources include information on how to find help if you are worried about a senior in your community; definitions, signs and risks of elder mistreatment; and resources for caregivers.

Elder Care Locator (National AAA) www.eldercare.gov **(800) 677-1116**
1730 Rhode Island Ave., NW Suite 1200
Washington, D.C. 20036 Provides nationwide free service to locate services for older adults such as senior centers, respite care, housing etc. for those who are relocating or for those seeking information. The line is open from 8:00 a.m. to 8:00 p.m. Eastern Time.

Family Caregiver Support Network (FCSN) www.caregiverssupportnetwork.org **(414) 220-8600**
A Program of Interfaith Older Adult Programs
600 W. Virginia St. Third Floor
Milwaukee, WI 53204 Visit the website for caregiver information and options. FCSN offers personal support and information for family caregivers of older adults. State reports on nursing homes, sub-acute care, community based residential facilities, certified residential care apartment complexes. Lists of nursing homes, residential care apartment complexes, community based residential facilities, retirement communities, senior living apartments and adult day care centers.

Fishing License –Wisconsin Dept. of Natural Resources www.dnr.wi.gov **(262) 574-2100**
Wisconsin residents born before January 1, 1927 do not need a fishing license, but must show a picture ID with date of birth. All other Wisconsin residents age 65 or older may obtain a Senior Citizen’s fishing license.

Homestead Credit Forms & Information www.revenue.wi.gov **(608) 266-2486**
You may obtain a Wisconsin Homestead Credit booklet from the Department of Revenue Office:
Forms Request Office
Wisconsin Department of Revenue
P.O. Box 8949
Madison, WI 53708-8949

Legal Action of Wisconsin (SeniorLAW Benefit Specialist) **(414) 278-1222**
230 W. Wells St. 8th Floor
Milwaukee, WI 53203 Free benefit assistance is available through the SeniorLAW program for Milwaukee County residents age 60 or over. Public benefits include: Medicare, Medicaid Assistance, Long Term Care, Social Security, SSI, Food Stamps and Subsidized Housing or Homestead Credit. SeniorLAW can also help with healthcare papers, and understanding changes in the law that may affect you. Representation in court may be available for cases involving guardianship, elder rights, housing and computer scams.

Consumer Issues

Milwaukee County District Attorney's Office www.milwaukeecounty.org.....(414) 278-4646
Criminal Justice Facility
949 N 9th St., Room 110
Milwaukee, WI 53233

Milwaukee Women's Center (A Division of Community Advocates): Office (414) 221-0192
Older Abused Women's Program and Substance Abuse Program **24-hour Crisis Line (414) 671-6140**
728 N James Lovell St.

Milwaukee, WI 53233 Serves women of all ages and those 50 and older in the Older Women's Program. Provides emergency shelter services, support groups, case management, advocacy and more. Domestic abuse in later life can include: physical infliction of pain or bodily harm; sexual contact or exposure without consent; emotional infliction of mental anguish; financial abuse theft of money, titles or possessions; and neglect (refusal or failure to fulfill a caretaking obligation, such as abandonment, isolation, and denial of food, shelter, medical or personal needs).

National Adult Day Services Association (NASDA) www.NASDA.org
Includes a guide to selecting an adult day center.

National Association of Remodeling Industry (NARI) www.milwaukeeenari.org.....(414) 771-4071
Local Chapter –Milwaukee/NARI Home Improvement Council: A free directory is available to provide you with names of businesses that do home improvement, remodeling, home repairs, roofing, plumbing repairs and more. Call for a free directory.

National Center on Elder Abuse www.ncea.aoa.govToll free: (855) 500-3537
Email: ncea@nasua.org or DHSSStopAbuse@wisconsin.gov
If you suspect elder abuse, neglect or exploitation call the **Milwaukee Elder Abuse Hotline**..... 414-289-6874

National Council on Aging www.NCOA.org
Provides information on organizations and professions promoting the dignity and self-determination of older individuals.

National Highway Traffic Safety Administration (NHTSA)www.nhtsa.gov
NHTSA offers information on Driving Safely While Aging Gracefully, Adapting Motor Vehicles for Older Drivers; Safe Driving for Older Adults and Driving Transition Education; also offers free materials to help you learn more about how to recognize and discuss changes in your older loved one's driving.

No Call List for Wisconsin consumers. nocall.wisconsin.gov Toll-free: (866) 966-2255
The Wisconsin No Call List protects consumers from unwanted landline and cell phone telemarketing calls.

Ombudsman Services –Nursing Home/CBRF Patient Rights(800) 815-0015
Southeastern Regional Office: State of Wisconsin Board on Aging & Long Term Care
819 N. 6th St., Room 609
Milwaukee, WI 53203 The Wisconsin Board on Aging and Long Term Care provides service to persons age 60 and older who are consumers of Wisconsin long term care programs. The Ombudsman Program has, by statute, authority to obtain access to all residents and tenants of Wisconsin nursing homes, Community Based Residential Facilities (CBRF's), Residential Care Apartment Complexes (RCAC's), and persons served by the Community Options Program and Family Care/Partnership programs.

Consumer Issues

Senior Resources Online.....www.seniorresourcesonline.com

P.O. Box 285

Germantown, WI 53022 Publishes five directories on services for older adults in the state of Wisconsin. Including one for Greater Milwaukee Area Senior Housing Options and Greater Milwaukee Area Health Care Guide for Older Adults. The website is a comprehensive, searchable tool to help older adults and family members locate services in the entire state of Wisconsin.

Social Development Commission (SDC) Energy Assistance www.cr-sdc.org(414) 906-2800

4041 N. Richards St. or 2701 S. Chase or 6848 N Teutonia Ave.

Milwaukee, WI 53212 Milwaukee, WI 53207 Milwaukee, WI 53209

Those who are homebound or elderly and in need of help with heating/electric bills or furnace/air conditioning repair, can call for assistance, which is available all year round. Home visits can be arranged for the disabled.

State Bureau on Aging and Disability Resources(608) 266-2536

1 West Wilson St.

Room 551, P.O. Box 7851

Madison, WI 53707 The Bureau is responsible for Older American Act Title III programs and other State and Federally funded community programs for older people (Adult Protective Services, Elderly Nutrition Sites, Family Care, Foster Grandparents, Household Help, Guardianship of Adults, Medigap Hotline, Retired Senior Volunteers, Senior Care Prescription Drug Assistance, Senior Companion Program, Spousal Impoverishment, Transportation Services, etc.)

State of Wisconsin Board on Aging & Long-Term Care(800) 242-1060

1402 Pankratz Street, Suite 111

Madison, WI 53704

All issues are related to Medigap Insurance, long-term care, nursing home patient rights and hospital patient's drug bill of rights and prescription coverage for persons 60 and over.

State of Wisconsin Commissioner of Insurance www.oci.wi.gov(608) 266-3585

125 S. Webster St.

Complaint Line: (800) 236-8517

GEF 3, P.O. Box 7873

Madison, WI 53703-7873

West Allis/West Milwaukee Chamber of Commerce www.wawmchamber.com(414) 302-9901

6737 W. Washington St., Suite 2141

Fax: (414) 302-9918

West Allis, WI 53214

Email: contact@wawmchamber.com

Wisconsin Department of Agriculture, Trade & Consumer Protection www.datcp.wi.gov (800) 422-7128

P.O. Box 8911

2811 Agriculture Dr.

Madison, WI 53708 File a consumer complaint, protect your identity, sign up for No Call list, etc.

Wisconsin Department of Natural Resources www.dnr.wi.gov(888) 936-7463

2300 N. Martin Luther King Jr. Dr.

Milwaukee, WI 53212

Consumer Issues

Wisconsin Housing and Economic Development Authority (WHEDA)

Property Tax Deferral Program.....(414) 227-4039 or (800) 334-6873

P.O. Box 1728

140 S. 1st St, Suite 200

Milwaukee, WI 53204 The Wisconsin Property Tax Deferral Loan program allows low-income elderly homeowners to convert home equity into income to pay their property taxes.

U.S. Department of Housing and Urban Development (HUD)..... www.hud.gov

Milwaukee Field Office **Milwaukee Field Office: (414) 297-3214**

310 W. Wisconsin Ave., Suite 950

Milwaukee, WI 53203

Counseling Services and Support

The following businesses help with dealing with the loss of a loved one, grief counseling, financial counseling, alcohol/drug counseling and any emotional problems.

Aurora Psychiatric Hospital(414) 454-6600

1220 Dewey Ave.

Wauwatosa, WI 53213

Geropsychiatry Center(414) 257-4729

(Milwaukee County Behavioral Health Div. – Mobil Crisis Team)**Hotline: (414) 257-7222**

9455 Watertown Plank Rd.

Wauwatosa, WI 53226 Mobile Services provides crisis intervention and stabilization services to individuals age 60 and over on an outreach basis: on-site, in-person, face-to-face in the community where the person is experiencing the mental health crisis.

Late Life Counseling Service for Homebound Older Adults.....(414) 390-5800

-Behavioral Health Division

Jewish Family Services

1300 N. Jackson St.

Milwaukee, WI 53202 Must be over the age of 60, live in Milwaukee County and be homebound.

Outpatient Counseling Services of Lutheran Social Services(414) 304-3600

2831 N Grandview Blvd., Suite 209

Pewaukee, WI 53072

Rogers Memorial Hospital of Milwaukee(414) 327-3000

11101 W. Lincoln Ave.

West Allis, WI 53227

Stress Management and Mental Health Clinic(414) 329-7000

10201 W. Lincoln Ave.

West Allis, WI 53227

Counseling Services and Support

West Allis Psychiatric Associates(414) 328-8690
2424 S. 90th St., #402
West Allis, WI 53227

COUNSELING SERVICES: GERIATRIC EVALUATION/ASSESSMENT

Aurora Sinai Geriatric Institute - Center for Senior Health and Longevity.....(414) 219-7300
1020 N. 12th St.
Milwaukee, WI 53223 Provides primary care to adults over the age of 65 and has a Memory Loss Evaluation Clinic.

Froedtert & Medical College Geriatric Psych Clinic(262) 253-5400
W129N7055 Northfield Dr.
Building A, Suite 302
Menomonee Falls, WI 53051 Provides treatment for the mental health needs and specific syndromes faced by older adults. Specializes in disorders such as Alzheimer's dementia, delirium, and other conditions that affect memory and the ability to function in daily activities of life, and late-life depression, anxiety and psychotic disorders.

COUNSELING SUPPORT & VICTIM ASSISTANCE

Alcoholics' Anonymous® www.aamilwaukee.com(414) 771-9119
7429 W. Greenfield Ave.
West Allis, WI 53214 A 24-hour hotline is available to assist persons seeking help for drinking problems.

AA for the Older Adult – Depends on You! Group meets weekly on Thursdays from 2:00 p.m. – 3:15 p.m. Alcoholics Anonymous ® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. Meetings are held at the West Allis Senior Center, 7001 W. National Avenue in West Allis.

Battered Women (Milwaukee Women's Center).....(414) 449-4777
Older Abused Women's Program **24-hour crisis line: (414) 671-6140**
4900 W. Fond du Lac Ave.
Milwaukee, WI 53216 Serves women of all ages and those 50 and older in the Older Women's Program. Provides emergency shelter services, support groups, case management, advocacy and more.

Elder Abuse(414) 289-6874
Aging Resource Center of Milwaukee County
1220 W. Vliet St., Suite 300
Milwaukee, WI 53205 Call if you suspect abuse or neglect problems with an elderly person age 60 or over.

Ombudsman Services –Nursing home/CBRF Patient Rights.....(800) 815-0015
Southeastern Regional Office - State of Wisconsin Board on Aging & Long-term Care
819 N. 6th St., Room 510
Milwaukee, WI 53203

Counseling Services and Support

Clement J. Zablocki V.A. Medical Center.....(414) 384-2000 Ext. 42965
5000 W. National Ave.
Milwaukee, WI 53295 *Serves Veterans and those enlisted in the Military

Dental Care Information

Wisconsin Dental Association Foundation www.wda.org
Donated Dental Services Program for Southeastern Wisconsin

P.O. Box 14173

West Allis, WI 53214 Donated Dental Services (DDS) is a program directed at people who are unable to afford needed dental care because of limited income which is clearly linked to a permanent disability, chronic illness or advanced age (65 and over). All the information pertaining to the applicant's need is based on a completed application, which is available online.

Call the dental clinics for additional information. Some offer insurance; others provide senior discounts

Guadalupe Southside Dental Clinic(414) 643-8787
1112 S. 3rd St.

Milwaukee, WI 53204 General dentistry and emergency treatment is available. Clinic accepts private insurance, straight Title 19, and self-pay.

Marquette University - Community Dental Clinic – South(414) 288-8960
2906 S. 20th St.

Milwaukee, WI 53215 Marquette University's dental students provide general dentistry as well as dentures and partials. Call for an appointment.

Marquette School of Dentistry and Dental Hygiene(414) 288-6790
1801 W. Wisconsin Ave.

Milwaukee, WI 53233 The students of Marquette's Dentistry Program provide general dentistry, emergency treatment and discounted services. New patients' screening may vary. Business hours are Monday through Friday 9:00 a.m. to 5:00 p.m. Emergency doors open at 7:30 a.m.

MATC-Milwaukee Area Technical College Dental Hygiene Clinic.....(414) 297-6573
Health Science Building

700 W. Highland Ave., Rm. H115

Milwaukee, WI 53233 Dental Hygiene Program students under the guidance of faculty members perform services, which include: teeth cleaning, X-rays, fluoride treatments and sealant applications.

Milwaukee Health Service.....(414) 372-8080
General Dentistry

2555 N. Martin Luther King Dr.

Milwaukee, WI 53212

Dental Care Information

WCTC –Waukesha County Technical College(262) 691-5224

800 Main St.

Service Building, 2nd Floor, Room 204

Pewaukee, WI 53072 Students from the technical college perform the services, which include: x-rays and cleanings. Call for an appointment, which will last at least four hours.

Wisconsin Dental Association www.wda.org.....(414) 276-4520

6737 W. Washington St., Suite 2360

West Allis, WI 53214 Handles complaints only.

Education

Alverno College(414) 382-6100

P.O. Box 343922

3400 S. 43rd St.

Milwaukee, WI 53234-3922

Marquette University.....(414) 288-7302

1250 W. Wisconsin Ave. or P.O. Box

Milwaukee, WI 53233

Milwaukee, WI 53201

MATC –Milwaukee Area Technical College.....(414) 456-5500

West Allis Campus

1200 S. 71st St.

West Allis, WI 53214 Call registration to see which courses are offered for those ages 60 or over.

Milwaukee County Cooperative Extension(414) 256-4600

9501 W. Watertown Plank Rd., Bldg. A

Wauwatosa, WI 53226 Provides family living education, horticultural information, water resources information, financial literacy, nutritional information and 4-H youth development. Call for other program information.

Professional Development School of Continuing Education (UWM)(414) 227-3312

161 W. Wisconsin Ave., Suite 6000

Milwaukee, WI 53203

Road Scholar - Adventures in Lifelong Learning. www.roadscholar.org(800) 454-5768

11 Avenue de Lafayette

Boston, MA 02110 Road Scholar educational adventures are created by Elderhostel, Inc., the not-for-profit world leader in lifelong learning since 1975. Call or write for a free catalog.

University of Wisconsin Milwaukee www4.uwm.edu/sce(414) 227-3200

School of Continuing Education

161 W. Wisconsin Ave., Suite 6000

Milwaukee, WI 53203

Education

University of Wisconsin Milwaukee (UWM)

Office of Adult and Returning Student Services – Audit Program.....(414) 229-6571

Mellencamp Hall 212

2442 E. Kenwood Blvd.

Milwaukee, WI 53211 Wisconsin residents age 60 and over may qualify for free audit classes. Admission requirements and application available on UWM's website.

Wisconsin Talking Book & Braille Library www.talkingbooks.wi.gov.....(414) 286-3045

Wisconsin Regional Library for the Blind & Physically Handicapped

813 W. Wells St.

Milwaukee, WI 53233 Books and equipment are loaned free. A variety of formats are available.

End-of-Life Issues & Resources

End-of-Life Issueswww.usa.gov/Topics/Seniors/EndofLife.shtml

Get resources on advance directives, caregiver's resources, coping with loss, estate planning, hospice, Do Not Resuscitate orders (DNR), Funerals – A Consumer Guide, Hospice Locator and more. Many free publication downloads are available on this website.

ADVANCE DIRECTIVES

What kind of medical care would you want if you were too ill or hurt to express your wishes? Advance directives are legal documents that allow you to spell out your decisions about end-of-life care ahead of time. They give you a way to tell your wishes to family, friends, and health care professionals and to avoid confusion later on.

A living will tells which treatments you want if you are dying or permanently unconscious. You can accept or refuse medical care. You might want to include instructions on the following:

- The use of dialysis and breathing machines
- If you want to be resuscitated if your breathing or heartbeat stops
- Tube feeding
- Organ or tissue donation

A durable power of attorney for health care is a document that names your health care proxy. Your proxy is someone you trust to make health decisions for you if you are unable to do so. *NIH: National Cancer Institute*

Advance Directives –Declaration to Physicians (Wisconsin Living Will), Power of Attorney for Health Care, Power of Attorney for Finance and Property.

Copies of forms may be obtained from www.dhs.wisconsin.gov/forms/AdvDirectives or send a stamped, self-addressed business-sized envelope to:

Living Will/Power of Attorney, Division of Public Health

P.O. Box 2659

Madison, WI 53701-2659

If you need help filling out any of the forms, please contact an attorney or a SeniorLAW Benefit Specialist.

End-of-Life Issues & Resources

Aging With Dignity – Five Wishes www.agingwithdignity.org

Aging with Dignity, or Five Wishes, is a national non-profit organization, which affirms and safeguards the human dignity of individuals as they age. Five Wishes promotes better care for those near the end of life.

COPING WITH LOSS – BREAVEMENT/GRIEF SUPPORT GROUPS & COUNSELING

2-1-1-@ IMPACT.....Dial 2-1-1 or (414) 773-0211

A central access point for residents who need assistance with family, health and social services.

Contact area churches, hospitals and funeral homes direct to see what grief counseling and support groups are offered.

HOSPICE

Hospice is derived from a word that means guest. It conveys shelter and caring. The focus is on symptom management. This is a concept of care for terminally ill patients that stress dignity and quality of life at a time when active treatment is no longer appropriate.

Asera Care Hospice.....(414) 607-1782

6737 W. Washington Ave., Suite 3200
West Allis, WI 53214

Aurora VNA Zilber Family Hospice.....(414) 615-5900

1155 Honey Creek Pkwy.
Wauwatosa, WI 53213 Inpatient hospice.

Horizon Homecare & Hospice, Inc.....(414) 365-8300

11400 W. Lake Park Dr.
Milwaukee, WI 53224

Horizon-Lawlis Hospice Unit.....(262) 478-9478

13111 N. Port Washington Rd.
Mequon, WI 53097 Inpatient hospice.

Seasons Hospice & Palliative Care 429-7145

6737 W. Washington St., Suite 2150
West Allis, WI 53214

Vitas Ruth Hospice House.....(414) 607-4452

8300 W. Beloit Rd.
West Allis, WI 53219 Inpatient hospice.

St. Joseph Hospital.....(414) 447-2000

5000 W. Chambers St.
Milwaukee, WI 53210 Inpatient hospice.

End-of-Life Issues & Resources

Visiting Nurse Association of WI (VNA)(414) 327-2295
Community Hospice & Durable Medical Service
11333 W. National Ave.
West Allis, WI 53227 In-home care and limited outpatient care.

Vitas Innovative Hospice Care: Milwaukee(414) 257-2600
2675 N. Mayfair Rd., Suite 500
Wauwatosa, WI 53226 Nursing home and in-home care. Assisted living facilities and CBRF Services.

Health Organizations

Alcoholics' Anonymous www.aamilwaukee.com24-hour hotline: (414) 771-9119
7429 W. Greenfield Ave.
West Allis, WI 53214 Assists people seeking help for drinking problems.
Depends on You! AA for the Older Adult: Meetings are held on Thursdays from 2 – 3:15 p.m. at the West Allis Senior Center, 7001 W. National Ave. in West Allis.

Alzheimer's Association of Southeastern Wisconsin www.alz.org/sewi(414) 479-8800
620 S. 76th St., Suite 160
Milwaukee, WI 53214
24-hour helpline: (800) 272-3900

American Foundation for the Blind Website www.afb.org/seniorsitehome.asp
The AFB Senior Site is designed for seniors losing their vision, and for families and the professionals who serve them; includes photos, videos and resource links to enhance independence for those with vision loss.

Arthritis Foundation www.arthritis.org(414) 321-3933
10427 W. Lincoln Ave., Suite 1300
West Allis, WI 53227
24-hour hotline: (800) 333-1380

Center for Communication, Hearing and Deafness www.cchdwi(414) 604-2200
10243 W. National Ave.
West Allis, WI 53227 Provides services that enhance the quality of life for individuals with hearing loss.

Epilepsy Foundation of Southeast WI www.epilepsyfoundationsewi.org(414) 271-0110
735 N. Water St., Suite 541
Milwaukee, WI 53202 Promotes public awareness, education, professional training, early diagnosis, outreach and prevention of epilepsy.

EyeCare America –Seniors EyeCare Program www.eyecareamerica.org(877) 887-6327
EyeCare America facilitates eye care for U.S. citizens or legal residents who are without an Eye M.D. and who do not belong to an HMO or do not have eye care coverage through the Veterans Administration. Those who are age 65 or older and who have not seen an EyeMD in three or more years may be eligible to receive a comprehensive, medical eye exam and up to one year of care at not out-of-pocket cost for any disease diagnosed during the initial exam. Program does not cover eyeglasses, prescriptions, hospital services or fees or other medical professionals. This program is offered through the American Academy of Ophthalmology.

Health Organizations

Myasthenia Gravis Foundation of Wisconsin(262) 938-9800

2474 S. 96th St.

West Allis, WI 53227 Provides education, support and sharing of ideas.

Rehabilitation Hospital of Wisconsin (Inpatient and Outpatient Acute Hospital).....262-521-8800

1625 Coldwater Creek Dr.

Waukesha, WI 53188 Treatment for stroke, brain and orthopedic injuries, Neurological disorders and more.

National Alliance on Mental Illness www.namigrm.org(414) 344-0447

NAMI -Greater Milwaukee

*Email questions to: help@namigrm.org

3732 W. Wisconsin Ave., Suite 106

Milwaukee, WI 53208

National Osteoporosis Foundation www.nof.org(800) 231-4222

1150 17th St., NW Suite 850

Washington, DC 20036

Office for the Blind and Visually Impaired www.dhfs.wisconsin.gov/blind(888) 879-0017

Milwaukee Regional Office

912 N. Hawley Rd.

Milwaukee, WI 53213 Do you have macular degeneration or other sight problems? Is the mail and newsprint difficult to read? Are faces too hard to recognize? Do playing cards look alike? Do you have difficulty reading the dials on your appliances? Please call for assistance and make your life easier.

Vision Forward (Badger Association of the Blind & Visually Impaired)(414) 615-0100

912 N. Hawley Rd.

www.vision-forward.org

Milwaukee, WI 53213 Provides services, rehabilitation and training for those who are losing their sight, are not totally without sight and those who are blind. Services include transportation, reading in client's homes, shopping assistance, low vision counseling, adaptive technology, information and assistive appliances.

Wisconsin Chapter of the Leukemia –Lymphoma Societywww.LLS.org

200 Executive Dr. Suite 203

(262) 790-4701

Brookfield, WI 53005 Call or visit the website for more information. Provides assistance and quality service for family members and for those who have leukemia-lymphoma.

Wisconsin Parkinson Association www.wiparkinson.org(800) 972-5455

Regional Parkinson Center's Clinic(414) 219-7450

Aurora Sinai Samaritan Medical Center

945 N. 12th St., Suite 4602

Milwaukee, WI 53233 For information, assistance and quality service for family members and for those who have Parkinson's disease.

Health Services – West Allis Health Department

West Allis Health Department.....(414) 302-8600
7120 W. National Ave.

West Allis, WI 53214 Business hours: Monday through Friday 8:00 a.m. to 5:00 p.m. The following programs and services are available at the West Allis Health Department. Call for further information or for days, times or whether an appointment is needed for a program or service.

Asthma Home Walkthrough Program - A Public Health Professional will walk through your home with you to identify issues in your home environment that may be contributing to your asthma problems, and then offer recommendations on easy changes to help improve your asthma control (by appointment).

Blood Pressure Screening – Walk-in screening available for West Allis residents Monday through Friday from 8:30 a.m. to 4:30 p.m.

Communicable Disease Control - Required reporting of all communicable diseases. Information on isolation requirements, follow-up and control measures also available.

Dental Health - Periodic oral cancer screening, information, individual consultation and educational programs upon request. Contact for referrals or resources.

Flea Market - Located at the West Allis Farmer’s Market on 65th and National and is open from May through October. Business hours: Sunday 8:00 a.m. to 5:00 p.m. For information on renting a market stall, stop in person at the West Allis Health Department, 7120 W. National Avenue.

Food Protection - Inspection and regulation of the preparation and serving, processing, storage and sale of food within the City of West Allis.

Health Department Tours – Free tours of the facility are available to groups.

Health Education - Information pamphlets are available on many subjects. Group programs are presented on a variety of health related subjects and Health Department services upon request.

Immunization Services - Adult immunizations are provided against Hepatitis A and B, Tetanus/Diphtheria, Pertussis (Whooping Cough), Pneumonia, and Influenza. TB skin tests are also available. Homebound service is available for pneumonia and influenza in October - December.

Public Health Nursing – Monday through Friday a public health nurse is available Monday through Friday to provide information, consultation and community referral for any health related concerns or questions. A home visit may be arranged to further assess individual problems.

Walk on West Allis - A free walking program is available for individuals in the community. Pamphlets are available.

Weights and Measures Regulation - Inspects and tests business equipment and packaged commodities for accuracy and proper weight.

Health Services – West Allis Health Department

West Allis Community Garden Committee - Meets every 1st Tuesday at 3:30 p.m. in the West Allis Library Constitution Room. Encourages gardening and advocates for the creation of Community Gardens as a means of developing rich and useful urban green space to promote healthy eating, encourage physical activity and ensure healthy lifestyles

West Allis Farmers' Market - Located at 65th and National. Fresh farm grown chickens, eggs, fruits, cider, vegetables, herbs and plants can be purchased on Tuesdays, Thursdays, and Saturdays from May through Thanksgiving. Open from noon – 6 p.m. on Tuesdays and Thursdays; Saturdays at 1:00 p.m. – 6:00 p.m.

Wisconsin Well Women's Program (WWWP) provides free preventive health screening services for mammograms and Pap tests to women with little or no health insurance coverage.

Health Services – Aurora West Allis Medical Center

Aurora West Allis Medical Center(414) 328-6000
8901 W. Lincoln Ave.
West Allis, WI 53227 Business hours: Monday through Friday 8:00 a.m. to 4:30 p.m. The hospital is open 24 hours, 7 days a week. The following services and programs are available at Aurora West Allis Medical Center:

Aurora VNA Home Health (414)-327-2295
11333 W. National Ave.
West Allis, WI 53227 Services include skilled nursing, home health aides, rehabilitation therapy, medical equipment, and daily in-home monitoring.

Aurora VNA's Lifeline®(414) 290-5497
11333 W. National Ave.
West Allis, WI 53227 Lifeline is a personal emergency response system that links you to 24-hour assistance with the push of a button.

Volunteer Opportunities(414) 328-7175

Ziebert Medical Library.....(414) 328-7910
Located on the ground floor of Aurora West Allis Medical Center, the library contains information of interest to older adults. Resources include books, videos, and databases on hundreds of consumer health topics and can be checked out for home use. Business hours: Monday through Friday 8:00 a.m. to 5:00 p.m.

Helping Services

2-1-1 @ IMPACT211
Simply dial **211** to get help with life. To call using a cell phone or pay phone dial.....(414) 773-0211
Real help is just a 3-digit phone number away. Call **211**, a 24-hour access program to get information on a wide range of area resources or assistance programs. Community Resource Specialists stand ready to assess each caller's needs and connect them to an agency that will respond to their needs. An online resource Directory is also available at www.impactinc.org.

Helping Services

Milwaukee County Department on Aging.....(414) 289-6874

Aging Resource Center

1220 W. Vliet St., Suite 300

Milwaukee, WI 53205 The Aging Resource Center of Milwaukee County combines all Milwaukee County funded services for older adults. Included are congregate meals, home delivered meals and outreach through Interfaith, Benefit Specialists, Job Placement and several Senior Centers.

Information and Assistance24-hour line (414) 289-6874

Elder Watch, Financial Service,

- Long Term Support Services/Family Care Program.....(414) 289-6874

Family Caregiver Support Network www.caregiversupportnetwork.org.....(414) 220-8600

Family Caregiver Support Network of Interfaith Older Adult Programs provides resource information and respite care for family members and friends who are concerned about or help older adults and caregivers who are concerned about loved ones with dementia.

Home Delivery Services Contact your area grocery store, pharmacy, health maintenance (wheel chairs, etc.) store to see if they offer home deliveries. Some places offer home deliveries for a small charge.

IndependenceFirst www.independencefirst.org.....(414) 291-7520

540 S. 1st St.

Milwaukee, WI 53204 IndependenceFirst is a Milwaukee-based non-profit organization that serves people with disabilities of all kinds, in all age groups, to be independently living in the community.

Interfaith West Central Program for the Elderly.....(414) 774-1747

1236 S. 115th St.

West Allis, WI 53214 Interfaith helps older adults maintain their independence at home as long as possible. Program volunteers provide the following free services: visiting, shopping, transportation and telephone reassurance. Information is also available for other adult services such as: nursing home information, home delivered meals, transportation, senior adult clubs, organizations, housing, homemaking services, home health care, employment and advocacy.

West Central Interfaith Information and Resource Office(414) 302-8711

7001 W. National Ave.

West Allis, WI 53214

Milwaukee County Center for Independence (MCFI) – Home Care(414) 290-0050

2020 W. Wells St.

Milwaukee, WI 53233 Provides an assessment of needs and coordination of services for older adults and people with special needs to help them remain independent in their homes. Resource information is also available for family members who need assistance caring for an older adult. Services include: health and medication management, long-distance care, medical, legal and financial assistance.

Telecommunications Relay System Voice (800) 947-6644 or TTY (800) 947-3529

For National Service dial: 711 All calls are confidential. There is no charge for this service; however, you pay the normal charge for your local or long distance calls.

Helping Services

Telephone Reassurance –Interfaith Older Adult Programs.....(414) 291-7500 Ext. 308
600 W. Virginia St., Suite 300 Call Direct: 414-220-8649
Milwaukee, WI 53204 If you are an older adult, a resident of Milwaukee County and would like to have someone call you daily for your peace of mind, call the number above to register for this free service.

Home Health Care & Assistance Services

A variety of agencies will help you to stay independent in your home or apartment by providing home nursing care, bathing assistance, rehabilitation, light housekeeping and other services.

ANew Home Health Care Services, Inc(414) 475-7788
7425 Harwood Ave.
Wauwatosa, WI 53213 Provides nursing care, bathing assistance, physical therapy and rehabilitation.

Aurora Visiting Nurse Association of Wisconsin.....(414) 327-2295
11333 W. National Ave.
Milwaukee, WI 53227 On call 24 hours/7days a week for nursing, home health aid, therapy, social worker care, and respite care. Provides HIV/AIDS home care, bath service, IV therapy, in home assessment and follow up after day surgery or outpatient surgery. Also provides durable medical equipment.

BrightStar Care.....(262) 637-7767
4701 Washington Ave., Suite 290
Racine, WI 53406 Provides full service 24/7 in non-medical and medical care –RNs, LPNs and CNAs plus other qualified healthcare professionals; serving Southeastern Milwaukee, Racine, and Kenosha areas.

St. Camillus Home Health and Hospice.....(414) 258-2418
10101 W. Wisconsin Ave.
Wauwatosa, WI 53226 Provides nursing care, bathing assistance, transportation and rehabilitation, hospice services and geriatric care management services.

Curative Care Network(414) 479-9364
1000 N. 92nd St.
Milwaukee, WI 53226 Adult day services programs for adults 18 and older who have a developmental disability or other limiting conditions. Provides daily organized activities, Programs also provide respite opportunities for caregivers. Personal care and bathing services are also available.

Home Instead Senior Care(414) 281-2273
9875 S. Franklin Dr., Suite 200
Franklin, WI 53132 Provides companionship and home-helper services: shopping, errands, meal preparation, housekeeping, transportation and medical reminders. Assistance ranges between one and twenty-four hours. All caregivers are screened, bonded, insured and specially trained.

Horizon Homecare and Hospice(414) 365-8300
11400 W. Lake Park Drive
Milwaukee, WI 53224 Personal care workers, home health aides provide housekeeping, companionship, errands, grocery shopping and meal preparation.

Home Health Care & Assistance Services

Interfaith Personal Care Plus(414) 291-7500

600 W. Virginia St., Suite 300

Milwaukee, WI 53204 Provides in-home assistance, which includes: bathing, dressing, toileting, incontinence care, meal preparation, dusting, laundry, mopping, linen changes, cleaning of the bathroom and companionship.

Prestige Home Health Care.....(262) 970-7102

910 Elm Grove Rd., Suite 22

Elm Grove, WI 53122 Provides four to twenty-four hours of assistance and personal care, which includes: bathing, meal preparation, homemaking services and nationwide travel companions. The staff can also provide assistance with Medicare, checking account reconciliation, long-term care facility search assistance, and private duty caregiver service in hospitals; skilled nurse facilities and living care centers.

Professional Home Care Services(414) 541-6010

10827 W. Lincoln Ave.

West Allis, WI 53227 Provides two to twenty-four hours of assistance and care. Provides nursing care, bathing assistance and rehabilitation. Medicare/Medicaid Certified. Private Insurances or private pay.

Rent a Daughter, LLC(262) 754-0550

12660 W. North Ave.

Brookfield, WI 53005 Services include, but are not limited to: personal hygiene assistance, companionship activities, nutritious meal preparation, shopping, running errands, having an escort to appointments and activities, light housekeeping, and respite care for family caregivers.

ResCare Homecare(262) 814-1884

13700 W. National Ave., Suite 228

New Berlin, WI 53151 Provides non-medical home making assistance, companionship, light housekeeping, meal preparation, laundry, errands and bathing assistance. Also provides respite care for families. Servicing all of Milwaukee and Waukesha Counties.

Staff One Health Care www.StaffOneLtd.com.....(414) 302-9170

7201 W Greenfield Ave

24-hour line: (414) 453-7350

West Allis, WI 53214 Provides non-skilled assistance to those who need help to stay at home safely while maintaining independence.

Visiting Angels.....(414) 476-0025

7635 W Bluemound Rd., Suite 1-B

Milwaukee, WI 53213 Provides up to twenty-four hour care. Assists in hygiene, meal preparation, light housekeeping, errands, shopping and joyful companionship. Low hourly rates and temporary or long term respite for caregivers.

Visiting Physicians Association.....(414) 255-0300

2514 S. 102nd St., Suite 160

West Allis, WI 53227 Bring back old-fashioned health care to your house with modern medical care. Medicare B and Private insurance accepted. No HMO's. Medicaid is accepted as secondary insurance.

Housing

City of West Allis- Home Repair Assistance(414) 302-8430

7525 W. Greenfield Ave.

West Allis, WI 53214 Loans are available for home rehabilitation (paint, fix up) based on income and family size. There are two categories: Owner occupied, one or two family dwellings and rental rehabilitation assistance for landlords.

City of West Allis Housing Authority: Department of Housing.....(414) 302-8430

7525 W Greenfield Ave.

West Allis, WI 53214 For persons age 55 and older and must meet income guidelines.

City of West Allis Rent Assistance Program(414) 302-8430

Enrollment is only open during certain periods and is only available to those who are 18 and over and meet the income guidelines.

Senior Placement Network, Inc.(262) 782-4202

P.O. Box 511401

New Berlin, WI 53151 This agency assists at no charge in looking for senior housing options.

Senior Referrals, Inc. www.seniorreferrals.com.....(414) 325-3400

4811 S. 76th St. Suite 9

Greenfield, WI 53220 This agency assists at no charge in looking for assisted living or retirement housing.

Senior Resources, Ltd. www.seniorresourcesonline.com.....(262) 253-0901

P.O. Box 285

Germantown, WI 53022 A Senior Housing Options Directory or Health Care Guide may be obtained by sending \$3.00 per copy for shipping and handling to the listed address.

U.S. Department of Housing & Urban Development www.hud.gov.....(414) 297-3214

INDEPENDENT SENIOR HOUSING IN THE WEST ALLIS AREA - (PRIVATE AND FEDERAL)

Berkshire Apartments(414) 258-2720

1414 S. 65th St.

West Allis, WI 53214

Burnham Village(414) 604-0505

5202 W. Burnham St.

West Milwaukee, WI 53219

Carnegie Place Apartments(414) 302-1700

1508 S. 75th St.

West Allis, WI 53214

Courtyard Apartments.....(414) 479-0660

11505 W. Greenfield Ave.

West Allis, WI 53214

Housing

- Gonzaga Village**(414) 256-0931
1415 S. 92nd St.
West Allis, WI 53214
- Hawley Ridge Apartments**(414) 615-0109
920 N Hawley Rd.
Milwaukee, WI 53213 Enhanced features for people with vision loss.
- Heritage House**(414) 546-1616
11515 W. Cleveland Ave.
West Allis, WI 53227
- Heritage West Allis: Senior Living Campus**(414) 302-0600
7951 W. National Ave.
West Allis, WI 53214
- La Follette Park Apartments**(414) 257-2706
720 S. 92nd St.
West Allis, WI 53214
- The Landmark of West Allis**.....(414) 302-1700
1441 S. 68th St.
West Allis, WI 53214
- Library Square**.....(414) 774-4411
1820 S. 75th St.
West Allis, WI 53214
- Oak West Apartments**(414) 541-1500
11102 W. Oklahoma Ave.
West Allis, WI 53227
- San Camillo Retirement Community**.....(414) 259-6300
10200 W. Bluemound Rd.
Wauwatosa, WI 53226
- Sunrise Apartments**(414) 321-1004
8750 W. National Ave.
West Allis, WI 53227
- Valentino Senior Housing**(414) 774-7387
12030 W. Greenfield Ave.
West Allis, WI 53214
- VMP Manor Park (rentals and LifeCare)**(414) 607-4322
8621 W. Beloit Rd.
West Allis, WI 53227

Housing

West Park Place Senior Living.....(414) 476-3900
7400 W. Greenfield Ave.
West Allis, WI 53214

ASSISTED LIVING RESIDENCES/COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF)

Commonly called Group Homes, these licensed facilities provide supervision and supportive services to people unable to live independently but do not require nursing home services. These supportive services are considered non-medical services such as, housekeeping, laundry, meal preparation, assistance with bathing or shampooing, transportation and social activities. There are three licensing classifications: A, B, & C. Staff personnel are available 24 hours.

Applewood Senior Living.....(262) 784-2550
2900 S. Moorland Rd. or 2898 S. Moorland Rd.
New Berlin, WI 53151

Autumn Villa.....(414) 543-7080
2904 S. 114th St.
West Allis, WI 53227

Castle - West Allis......(414) 427-1655
1234 S 112th St.
West Allis, WI 53214

Clement Manor Retirement Community.....(414) 321-1800
9339 W. Howard Ave.
Greenfield, WI 53228

Creative Living Environments, LLC......(414) 425-8777
12320 W. Layton Ave.
Greenfield, WI 53228

Harmony at Brenwood Park.....(414) 448-0800
9535 W. Loomis Rd.
Franklin, WI 53132

Heritage West Allis –Senior Living Campus.....(414) 302-9700
7901 W. National Ave.
West Allis, 53214

Hillcrest Home.....(414) 476-2928
1467 S. 75th St.
West Allis, WI 53214

Library Square.....(414) 774-4411
1820 S. 75th St.
West Allis, WI 53214

Housing

Lincoln Terrace.....(414) 329-1777
2416 S. 60th St.
West Allis, WI 53219

Meadowmere Assisted Living Apartments.....(414) 615-7100
2330 S. 54th St.
West Allis, WI 53219

Rainbow Park Home.....(262) 257-1208
1217 S. 118th St.
West Allis, WI 53214

Rainbow Terrace.....(262) 782-5777
15831 W. Santa Rosa Blvd.
New Berlin, WI 53151

St. Camillus Assisted Living.....(414) 258-1814
10101 W. Wisconsin Ave.
Wauwatosa, WI 53226

Tall Oaks Group Home(414) 321-7101
2825 S. Waukesha Rd.
West Allis, WI 53227

VMP Manor Park(414) 607-4100
3023 S 84th St.
West Allis, WI 53227

West Park Place Senior Living(414) 476-3900
7400 W. Greenfield Ave.
West Allis, WI 53214

RETIREMENT FACILITIES AND NURSING HOMES NEAR OR IN WEST ALLIS

All of the facilities listed offer higher levels of care: nursing care if it becomes necessary. Each facility's contract will vary in services, which are included in the monthly maintenance fee. The initial entrance fees are based on the size of apartment and whether or not the facility is offering a "Life Care" or "Continuing Care" contract. Please call for specific information on each facility.

Clement Manor(414) 321-1800
3939 S. 92nd St.
Greenfield, WI 53228

San Camillo.....(414) 259-6300
10200 W. Bluemound Rd.
Wauwatosa, WI 53226

Housing

Tudor Oaks Retirement Community(414) 529-0100
S77W12929 McShane Dr.
Muskego, WI 53150

VMP Manor Park (rentals and LifeCare) (414) 607-4100
3023 S. 84th St.
West Allis, WI 53227

Identification Cards

Wisconsin Identification Card www.dot.wisconsin.gov/drivers/(608) 266-2353
The Wisconsin Motor Vehicle Department will issue a WISCONSIN IDENTIFICATION CARD (I.D.) if you are unable to drive. You must stop in person and the following items are needed in order to receive an I.D.:

- Proof of name and date of birth: Either a certified birth certificate, Wisconsin photo operator's license/DOT issued identification card, or a passport. (**These must all be originals! No photocopies**).
- Proof of identity with your name and recognizable signature on it, such as a Social Security card with a signature, military I.D. or discharge, employee or student I.D. with signature; a signed credit card, Forward Wisconsin Card, copy of a Federal Tax Return, a signed life insurance policy, Medicare card, expired drivers license or marriage license.
- Proof of residency in the state of Wisconsin, such as a paycheck showing name, Wisconsin address and employer's name; a checkbook or bank statement from a Wisconsin bank or a utility bill with name and Wisconsin address.
- Social Security number

An identification card costs \$28 and must be renewed every eight years. The closest Wisconsin Drivers License Office is located at: 5500 W. Grange Ave. Greendale, WI 53129

Call for hours of operation. This I.D. is only available for those who are unable to drive for whatever reason, and need a valid I.D.

Milwaukee Downtown(800) 924-3570
819 N. 6th St.
Milwaukee, WI 53202

Milwaukee Southwest Service Center(414) 266-1000
5500 W. Grange Ave.
Greendale, WI 53219

Library Outreach

West Allis Library.....(414) 302-8500

7421 W. National Ave.

West Allis, WI 53214 Over 1,600,000 books, 300 periodicals, CD ROMs, e-books, audio cassettes, compact disks, DVD's and video cassettes are available to anyone who obtains a Milwaukee County Federated Library card. The West Allis Library provides large print books, talking descriptive videocassettes for those who are sight impaired, and a machine that enlarges reading material to make it easier for those with visual impairments to see: computers, printers, and typewriters. See flyer at Library for Leisure Timer programs. Also home delivery of books and library materials for the homebound is available. Ask about the STAR Program.

Wisconsin Regional Library for the Blind and Physically Handicapped.....(414) 286-3045

813 W. Wells St.

Milwaukee, WI 53233 All talking books and players are loaned for free to any person who has a disability that prevents them from reading normal print. News line service: Free newspaper reading service and free magazines on tape and Braille.

Long Term Care Resources

Wisconsin Board on Aging and Long Term Care..... www.longtermcare.wi.gov

1402 Pankratz St., Suite 111

Madison, WI 53704-4001

Ombudsman Program.....(800) 815-0015

The Board on Aging and Long Term Care advocates for people aged 60 and older, who reside in a Nursing Home, community Based Residential Facility, Residential Care apartment complex, Adult Family Home and those who receive funding through the community Options Program and Family Care. You may relay a complaint or concern directly to our Ombudsman Intake Specialist by calling the toll-free number above or going to the website and printing out a complaint form.

Medigap Helpline.....(800) 242-1060

Medicare Part D and Prescription Drug Helpline.....(855) 677-2783

Medicare, Insurance & Legal Advocacy

Coalition of Wisconsin Aging Groups (CWAG) www.cwagwisconsin.org.....(800) 366-2990

2850 Dairy Dr., Suite 100

Madison, WI 53718

Volunteer Benefits Counseling Program – Milwaukee County.....(800) 366-2990, Ext. 347

Assists Milwaukee County residents with understanding their Medicare benefits and how to access other available public benefits. Helps beneficiaries apply for low-income subsidy for Medicare Part D, Medicare Savings Programs, Medicaid, and SeniorCare. Additionally, assistance is provided with finding the most appropriate Medicare part D Plan for beneficiaries.

Wisconsin Senior Medicare Patrol www.wisconsin.smp.org.....(800) 488-2596

One of the oldest federally funded “fraud buster” programs in the county. The project is dedicated to stopping healthcare fraud, waste and abuse.

Medicare, Insurance & Legal Advocacy

Community Advocates.....(414) 449-4777

4906 W. Fond du Lac Ave.

Milwaukee, WI 53216 Helps with most basic needs, including safe and affordable housing, adequate health care and affordable heat and utilities.

Disability Rights Wisconsin(800) 928-8778

Milwaukee Office(414) 773-4646

6737 W. Washington St., Suite 3230

Milwaukee, WI 53214

Legal Action of Wisconsin/Senior Law(414) 278-1222

230 W. Wells St.

Milwaukee, WI 53203 Free information and assistance with legal matters, Social Security, SSI, Medicare, and Medicaid, Food Stamps, Subsidized Housing and other benefit matters.

MEDICARE www.medicare.gov(800) MEDICARE or (800) 633-4227

Medigap Helpline(800) 242-1060

Medigap Helpline/SHIP (State Health Insurance Assistance Program) www.longtermcare.wi.gov

Wisconsin Medigap Prescription Drug Helpline (for those over age 60)(855) 677-2783

Disability Drug Benefit Helpline (for those under age 60)(800) 925-4862

Board on Aging and Long Term Care(800) 242-1060

1402 Pankratz St., Suite 111

Madison, WI 53704 Provides information and counseling on Medicare, Long Term Care Insurance, Medicare Advantage Plans, Medicare Savings Programs, Prescription Drug Coverage, Medicaid and more.

Medicare Part D and Prescription Drug Helpline(855) 677-2783

SeniorLAW –A Program of Legal Action of Wisconsin (Intake dates and times vary).....(414) 278-1222

230 W. Wells Street, 8th Floor

Milwaukee, WI 53203 A Benefit Specialist will help with: Medical Assistance, Medicare, Long Term Care, Social Security, SSI, Food Stamps, Subsidized Housing, Homestead Credits, Elder (financial, physical, emotional, or neglect) Abuse, and consumer law problems.

Social Security Administration www.socialsecurity.gov(800) 772-1213

310 W. Wisconsin Ave., Suite 260

Milwaukee, WI 53203 The number listed is for all Social Security Offices. Business hours are Monday through Friday 9:00 a.m. to 4:00 p.m. Additional office located at: 8455 W. Layton Ave.

State of Wisconsin Commissioner of Insurance www.oci.wi.gov(800) 236-8517

Office of Commissioner of Insurance

125 S. Webster St.

Madison, WI 53703 Call regarding all insurance problems or complaints, status of an insurance company or State Life Insurance Fund.

Wisconsin SMP (Senior Medicare Patrol)www.wisconsinsmp.org

Up-to-date information about healthcare fraud and the newest consumer scams. Includes podcasts, videos and blogs with the latest fraud news. Protect-Detect-Report.

Nursing Homes and Rehabilitation Facilities

- Allis Care Center**.....(414) 453-9290
9047 W. Greenfield Ave.
West Allis, WI 53214
- Clement Manor Health Center**(414) 321-1800
3939 S. 92nd St.
Greenfield, WI 53228
- Family Caregiver Support Network**.....(414) 220-8600
600 W. Virginia St., Suite 300
Milwaukee, WI 53204 Provides free information and support including: inspection reports on nursing homes, Older Adult Licensed Care facilities, group homes and senior housing in Southeastern Wisconsin.
- Maplewood Care Center –Village at Manor Park**.....(414) 607-4100
8615 W. Beloit Rd.
West Allis, WI 53227
- Mary Jude Nursing Home**.....(414) 543-5330
9806 W. Lincoln Ave.
West Allis, WI 53227
- Mitchell Manor**.....(414) 615-7200
5301 W. Lincoln Ave.
West Allis, WI 53219
- Kindred Transitional Care & Rehab Milwaukee**(414) 281-7200
5700 W. Layton Ave.
Greenfield, WI 53220
- St. Camillus Skilled Nursing Care**.....(414) 258-1814
10101 W. Wisconsin Ave.
Wauwatosa, WI 53226
- Tudor Oaks Health Center**(414) 529-0100
S77W12929 McShane Dr.
Muskego, WI 53150
- Wisconsin Veterans Home at Union Grove** www.dva.state.wi.us(866) 669-8387
21425 C. Spring St.
Union Grove, WI 53182

Nutrition, Food & Grocery Shopping

HOME DELIVERED MEALS (MEALS ON WHEELS)

Horizon Home Care and Hospice www.hhch.net(414) 365-8300
11400 W. Park Place

Milwaukee, WI 53222 Meals are prepared by healthcare facilities under the direction of a clinical dietician and are delivered Monday - Friday during the lunch hour. Meals are also available on Saturdays and Sundays.

Local Restaurants: Check if area restaurants deliver; there may be a minimum order or delivery charge.

Milwaukee County Department on Aging Home Delivered Meals(414) 289-6874

Home delivered meals are funded by Milwaukee County Department on Aging and managed through the Goodwill Senior Services. The program promotes independent living for homebound adults aged 60+. Hot nutritious meals are delivered Monday through Friday and frozen meals are available. Visit the website: www.milwaukee.gov or call for more information.

Mobile Meals of Aurora (VNA) www.aurorahealthcare.org.....(414) 327-2295
11333 W. National Ave.

West Allis, WI 53227 The Aurora VNA is a comprehensive source of home care services in Southeastern Wisconsin. Mobile Meals are designed to provide nutritional requirements and are prepared by registered dietitians at Aurora Health Care. Meals are delivered Monday through Friday between 10:30 a.m. and 1:30 p.m.; weekend meals are frozen and delivered on Saturdays between 9:00 a.m. and 12:30 p.m.

MEAL PROGRAMS & ASSISTANCE

Community Meal –St. Peter’s Episcopal Church(414) 543-6040
7929 W. Lincoln Ave.

West Allis, WI 53219 Provides free meals on the last Saturday of every month from 11:00 a.m. to 12:30 p.m.

FoodSharewww.access.Wisconsin.gov
1220 W. Vliet St.

Milwaukee, WI 53212 Monday through Friday 8:00 a.m. to 4:30 p.m. Wednesdays: 7:00 p.m. Visit the website for qualifications and to apply for benefits.

Hunger Task Force Stock Box Program www.hungertaskforce.org“211”
Cell phone users(866) 211-3380

To qualify for a stock box (once a month food box), eligible seniors must be a resident of Milwaukee County, be at least 60 years of age and have an income that meets the qualifications.

Milwaukee County Senior Meal Program www.milwaukee.gov/Aging(414) 289-6995

Visit the website for more information and additional locations. Any person age 60 or older, regardless of income, and a spouse of any age can participate. The sites in West Allis are the following:

Saint Aloysius(414) 840-1704
1441 S. 92nd St.
West Allis, WI 53214

West Allis Senior Center(414) 302-8703
7001 W. National Ave.
West Allis, WI 53214

Nutrition, Food & Grocery Shopping

EMERGENCY FOOD PANTRIES AND RESOURCES

Call to find out when the pantry is open before stopping in for a request. Most food pantries are open on a limited basis. Donations are gladly accepted. Community Resource Specialists can connect individuals to food pantries based on zip code/location. Call “211” for help.

2-1-1 @ ImpactSimply dial: “211”
Cell phone/payphone users dial: (866) 211-3380 or (414) 773-0211
Call “211” for information on a wide range of area resources and assistance programs. Community Resource Specialists stand ready to assess each caller’s needs and help to solve problems: providing information and referrals to the family and health and social service organizations in the Greater Milwaukee Area.

First Lutheran Church(414) 476-4664
7400 W. Lapham St.
West Allis, WI 53214 Food Pantry Hours: Friday 10:00 a.m. to 12:00 p.m.

First United Methodist Church(414) 774-5500
7520 W. Lapham St.
West Allis, WI 53214 Food Pantry Hours: Every other Wednesday from 3:00 – 5:00 p.m. for West Allis and West Milwaukee residents only.

Gonzaga Hall Food Pantry(414) 476-3803
(Saint Aloysius Catholic Church)
1435 S. 92nd St.
West Allis, WI 53214 Food Pantry Hours: 4th Wednesday of the month from 9:00 a.m. to 11:00 a.m.

Good Samaritan Outreach Center(414) 541-7668
5924 W. Burnham St.
West Allis, WI 53219 Food Pantry Hours: Tuesday, Wednesday, Thursday 10:00 a.m. to 2:00 p.m.

Holy Assumption Catholic Church(414) 774-3010
1525 S. 71st St.
West Allis, WI 53214 Food Pantry Hours: Thursday and Friday 12:00 p.m. to 3:00 p.m.

Immaculate Heart of Mary Catholic Church(414) 453-5192
Bethany House
1121 S. 116th St.
West Allis, WI 53214 Food Pantry Hours: Saturday from 9:30 a.m. to 11:30 a.m. and Wednesdays from 9:00 a.m. to 11:00 p.m.

Saint Gregory the Great Catholic Church(414) 543-8292
3160 S 63rd St.
Milwaukee, WI 53219

Saint John’s Lutheran Church(414) 384-9200
5500 W. Greenfield Avenue
West Milwaukee, WI 53214 A Food Pantry for Veterans, open on Tuesday mornings. Neighborhood breakfast on Thursdays from 8:00 a.m.– 10:00 a.m.

Nutrition, Food & Grocery Shopping

Saint Matthias Catholic Church.....(414) 321-0893

9306 W. Beloit Rd.

Milwaukee, WI 53227 Food Pantry Hours: 2nd and 4th Saturday of the month from 9:00 to 11:00 a.m.

Saint Rita's Catholic Church.....(414) 541-7515

2318 S. 61st St.

West Allis, WI 53219 *St. Vincent De Paul emergency food only, must live in the area.

GROCERY SHOPPING –STORE PICK-UP AND HOME DELIVERY

In addition to those listed, contact the nearest store to see if they will deliver. **There is usually a delivery fee and some of the stores also have a boundary limit.**

Goodwill Senior Services.....(414) 358-6527

Provides a shopping service for those over the age of 60 or homebound elderly. The client provides a shopping list and money to the shopper. Shoppers can be scheduled to come to your home every other week. Appointments must be made two weeks in advance.

Groceries on the Go(414) 543-8488

4761 S. 81st St.

Greenfield, WI 53220 This delivery program has a nominal service fee. Itemized receipts are provided and you must order the day before. Business hours: Monday through Friday 8:00 a.m. to 12:00 p.m.

Majdecki's Piggly Wiggly.....(414) 546-2772

10282 W. National Ave.

Fax: (414) 546-3045

West Allis, WI 53227 Call for an order form and either send it by mail or fax. Home delivery is available with inclusion of a small fee.

Peapod www.peapod.com.....(800) 573-2763

Peapod is a fee-based Internet grocery delivery service featuring fresh items (produce, meats, etc.) and brand names. Orders are delivered the day after they are placed.

GROCERY SHOPPING VIA TRANSIT EXPRESS

Milwaukee County Department on Aging (MCDA).....(414) 289-6874

MCDA offers a specialized transportation program for eligible older adults. Call to determine eligibility, and/or to obtain additional information about this program or other transportation services for older adults.

LOCAL FARMERS' MARKETS

Milwaukee County Winter Farmers' Market..... www.mcwfm.org

New Location: Mitchell Park Domes

524 S. Layton Blvd.

Milwaukee, WI 53215 Vegetables, Apples, Artisan Cheese and more. (Saturday 9:00 a.m. – 1:00 p.m., November through mid-April).

Nutrition, Food & Grocery Shopping

West Allis Farmers' Market **Information Line Recording (414) 302-8652**
6501 W. National Ave.
West Allis, WI 53214 (Tues. and Thurs. Noon – 6:00 p.m. and Sat.1:00 p.m. – 6:00 p.m. - May through Thanksgiving).

Pet Related Services

Humane Animal Welfare Society of Waukesha Co. Inc. www.hawspets.org(262) 542-8851
701 Northview Rd.
Waukesha, WI 53188

Wisconsin Humane Society www.wihumane.org.....(414) 264-6257
4500 W. Wisconsin Ave.
Milwaukee, WI 53208 The Wisconsin Humane Society provides services only to Milwaukee County residents. The Wisconsin Humane Society provides the following services:

Adoption Appointments(414) 264-6257

Animal Arrivals.....(414) 431-6102
Help is provided for those who can no longer care of their companion animals.

Community Cat Caregivers(414) 431-6228
Caretakers of stray cats can access spay/neuter services.

Foster Home Care.....(414) 431-6103
Reap the benefits of animal companionship without the commitment of adoption: consider being a foster care volunteer. Foster homes provide care for homeless animals on a temporary basis until they are ready for adoption.

Furry Friend Food(414) 431-6263
Pet food is provided to pet owners who qualify for financial assistance.

Grief Counseling(414) 431-6182
If you have recently lost a companion animal, your grief is real. Call for help.

Spay/Neuter Assistance Program(414) 431-6205
Subsidized spay/neuter services are provided for companions of clients with demonstrated financial need. Call for an application.

Volunteer Opportunities(414) 431-6103
Share time with companion or wild animals, socialize with dogs, cats or rabbits; work in the retail store, feed baby birds, and more!

Political Advocacy

American Association for Retired Persons www.aarp.org(866) 448-3613
222 N. LaSalle St., Suite 710
Chicago, IL 60601

Political Advocacy

Coalition of Wisconsin Aging Groups (CWAG) www.cwag.org.....(608) 224-0606
2850 Dairy Dr.
Madison, WI 53718

Political Contact Information

FEDERAL

Government Made Easy www.usa.gov
A-Z Index of the United States Government Department and Agencies, Executive Branch, Judicial Branch and Legislative Branch. Includes links to State, Local and Tribal Governments.

President of the United States(202) 456-1414 (Ask for the White House Greetings Office)
The White House
1600 Pennsylvania Ave.
N.W. Washington, D.C. 20500 Fax: (202) 456-2461
If you are celebrating a 50th (and subsequent) wedding anniversary or an 80th or more birthday, you may fax or mail a written letter to the White House with your name, address and birth date or anniversary date to the address below. A White House Greeting card will be mailed to you:

**White House Greetings Office
OEOB Room 39
Washington, D.C. 20502**

Congress.....(202) 224-3121
United States Congress
Washington, D.C. 20515

Senator(202) 224-3121
United States Senate
Washington, D.C. 20510

STATE

Office of the Governor of Wisconsin.....(608) 266-1212
Executive Office, State Capital
P.O. Box 7863
Room East 115
Madison, WI 53707

State of Wisconsin..... www.wisconsin.gov
This site provides quick links to Health & Human Services, Wisconsin No Call List, State Tax Information, Lottery Results, Public Notices and Wisconsin e-file.

COUNTY AND CITY

Milwaukee County Government www.milwaukee.gov
Milwaukee County Board of Supervisors.....(414) 278-4222
Milwaukee County Courthouse
901 N. 9th St., Room 201
Milwaukee, WI 53233

Political Contact Information

City of West Allis www.westalliswi.gov
West Allis City Hall(414) 302-8200
West Allis Mayor’s Office(414) 302-8290
7525 W. Greenfield Ave.
West Allis, WI 53214

Prescription Drugs

Canadian Prescription Drug Program www.canpd.com(877) 966-0567
59 Dundas St. E Unit 2
Belleville, Ontario
CANADA K8N 1B7 Save up to 85% on prescription drugs. Call or go to the website for more information.

BenefitsCheckUp.....www.benefitscheckup.org
A service of the National Council on Aging. Helps you find public and private programs that may be able to help pay for your prescription drugs.

Health Insurance Marketplace(800) 318-2596
The new Health Insurance Marketplace helps uninsured people find health coverage. Most people must have health coverage in 2014 or pay a fee. If you have Medicare, you’re considered covered and don’t have to make any changes. You’re also considered covered if you have Medicare, Medicaid, SHIP, any job-based plan, any plan you bought yourself, COBRA, retiree coverage, TRICARE, VA health coverage or some other kinds of health coverage. To learn about the Health Insurance Marketplace and your new coverage options through the Affordable Healthcare Act visit the website. www.healthcare.gov

Medicare Part D www.medicare.gov(800) 633-4227
The official U.S. Government Site for Medicare provides information about Medicare prescription drug coverage.

Milwaukee County Prescription Drug Discount Card (National Association of Counties –NACo)
Milwaukee County Residents may request a free discount drug card that offers an average saving of 20% off common retail prescription prices. The discount card is valid for prescriptions not covered by insurance. Any resident of any age or income may participate in this discount program. The card is good at many participating pharmacies in the Milwaukee County area. Contact the West Allis Health Department or the Milwaukee County Department on Aging for information on obtaining a discount card.

West Allis Health Department.....(414) 302-8600
Milwaukee County Department on Aging.....(414) 289-6874

SeniorCare Wisconsin Prescription Drug Program www.dhs.Wisconsin.gov(800) 657-2038
Department of Health and Family Services Division of Health Care Financing
P.O. Box 6710
Madison, WI 53716 SeniorCare is a prescription drug assistance program for Wisconsin residents age 65 or older. All participants will be subject to out-of-pocket expense requirements and an annual enrollment. Benefits are based on income and spouse’s income, if applicable. Call for more information and to have a packet mailed to you.

Prescription Drugs

Wisconsin Department of Health Access www.access.wisconsin.gov
Your connection to Programs for Health, Nutrition and Child Care.

Respite Services –Long & Short Term Relief for Caregivers

Rescare Home Care(262) 814-1884
13700 W. National Ave., Suite 228
New Berlin, WI 53151 Provides in home respite care for as long as needed.

Family Caregiver Support Network.....(414) 220-8600
600 W. Virginia St., Suite 300
Milwaukee, WI 53204 This is a free resource center offering information and support for family members and friends who assist older adults age 60 and over. Program provides free respite care for caregivers.

Kindred Transitional Care & Rehab, Milwaukee(414) 281-7200
5700 W. Layton Ave.
Greenfield, WI 53220 Provides respite care for 5 - 30 days based upon room availability and nursing assessment.

Mitchell Manor.....(414) 615-7200
5301 W. Lincoln Ave.
West Allis, WI 53219 Provides respite care for 2-30 days/nights in a community based residential facility area on a limited basis, based upon room availability and nursing assessment.

Rent A Daughter, LLC.....(414) 479-0029 or (262) 754-0550
12660 W. North Ave.
Brookfield, WI 53005 Provides non-medical care for older adults. Services include: light housekeeping, laundry, meal preparation, errand and personal care.

Staff One Health Care, Ltd...... (414) 302-9170 / Health Care (414) 453-7350
7201 W. Greenfield Ave.
West Allis, WI 53214 Provides non-medical in-home respite care.

VMP at Manor Park.....(414) 607-4100 or Admitting: (414) 607-4191
3023 S. 84th St.
West Allis, WI 53227 Provides long-term respite from one week to one month on a limited basis, depending on room availability. For further information ask for Admitting.

Senior Centers & Recreational Programs in the West Allis Area

Mount Hope Adult Center(414) 510-4809

8633 W. Becher St.

West Allis, WI 53227 The center is co-sponsored by the United Lutheran Program for the Aging and Mount Hope Lutheran Church. Groups meet every Thursday from 9:30 a.m. to 1:00 p.m.: membership is \$15 annually. No residency requirement for this non-denominational center. Open the second Thursday in September through the last Thursday in May.

WAWM Recreation, School and Community Services Department.... www.wawmrec.com

1205 S. 70th St., Fourth Floor

Registration Information: (414) 604-4900

West Allis, WI 53214 There are fees for all classes. This center is operated by the West Allis-West Milwaukee Recreation Department and West Allis-West Milwaukee School District.

West Allis Senior Center(414) 302-8700

7001 W. National Ave.

Fax: (414) 302-8701

West Allis, WI 53214 Hours: Monday through Friday 9:00 a.m. to 4:30 p.m.

The West Allis Senior Center is operated by the City of West Allis. Membership is open to anyone age 55 and older and his/her spouse. Membership is \$12/year for West Allis residents and \$17/year for non-residents. The membership year runs September 1st to August 31st. A variety of classes/group activities are offered each week and are lead by volunteers. Special events are held throughout the year.

Senior Meal Program Call for Information: (414) 302-8703

Meals are provided Monday through Friday through Milwaukee County Department on Aging.

Senior League(414) 774-5500

First United Methodist Church

7520 W. Lapham St.

West Allis, WI 53214 Senior League is a community-wide group for senior adults. It meets twice a month on the first and third Wednesdays at noon for a luncheon program. Also sponsors day trips and extended motor coach tours.

VMP Manor Park Senior Community Club(414) 607-4186

8536 W. Oklahoma Ave.

West Allis, WI 53227

Transportation

Milwaukee County Transit System (MCTS) www.ridemcts.com(414) 344-6711

1942 N. 17th St.

Milwaukee, WI 53203 All of the public buses that serve Milwaukee County have wheelchair access and there is also seating in the front of the bus for older adults and individuals with disabilities. Visit the MCTS website for information on routes and schedules, fares and passes, service alerts, construction detours, Bus Lines Newsletter, information on the new fare system or to access the trip planner. MCTS also offers two types of travel training, both at no cost to the participants. The first is a monthly scooter and wheelchair training that allows anyone with a mobility device the opportunity to practice boarding a bus. The second is individualized one-on-one travel training designed to provide a greater sense of independence to anyone interested in learning how to use the fixed route bus system in Milwaukee. To find out more about scheduled classes, call (414) 937-3259.

Transportation

Milwaukee County Transit System - Discount Fare Rides(414) 344-4550 Ext. 3592 1942 N. 17th St.

Milwaukee, WI 53205 Elderly persons (age 65 or older) or those with disability related difficulties in riding MCTS buses may be eligible to receive a MCTS Reduced Fare photo identification card that permits qualified persons to ride at a reduced fare on regular fixed route buses. A valid Medicare Card provides sufficient identification for a reduced fare. To have an application for a Reduced Fare card mailed to you, call (414) 344-4550, extension 3592, Monday through Friday, between 8:00 a.m. and 4:30 p.m. You may also pick up an application in the Transit Plus office of MCTS, which is located at 1942 N. 17th Street in Milwaukee. Applications may also be downloaded from the website.

Transit PLUS.....(414) 343-1700

Milwaukee County Transit System
1942 N. 17th St.

Milwaukee, WI 53205 Transit Plus is a transportation service for individuals with a disabling illness or condition that prevents them from using Milwaukee County Transit System buses. Rides on Transit Plus cost \$4.00 each way (Note: tickets must be purchased in books of ten at a cost of \$40.00 per book). Rides must be requested not less than one day before and not more than two weeks in advance of the date of the ride.

New Freedom.....www.FreedomOnWheels.org

Freedom on Wheels is a free comprehensive, two-part program designed to inform and educate the community on the basic aspect of using public transportation in Milwaukee County. Milwaukee County Transit (MCTS). Staff will come out and do group presentations. Part one of the program is an informal question and answer session focusing on route information, transfers, proper bus etiquette safety concerns, problem solving techniques, lost and found, etc. Part two of Freedom on Wheels has all the participants taking a short bus ride, experiencing a hands-on feel of what public transportation is all about, including a demonstration of the accessibility features of the MCTS fleet. Visit the website for more information.

SPECIALIZED ELDERLY TRANSPORTATION

Milwaukee County Department on Aging (MCDA).....(414) 264-7433 310 W. Wisconsin Ave.

Milwaukee, WI 53212 MCDA offers a specialized transportation program for eligible older adults. Advance-scheduled, door-to-door transportation is available for: medical or dental appointments, shopping, senior meal program/senior centers and nursing home visits.

Pre-registration(414) 289-6874

Eligibility: Be a resident of Milwaukee County; Age 60 or older; able to walk but unable to drive; have difficulty using public transit; not be currently eligible for Transit Plus, Milwaukee County's Para transit service for persons with disabilities; and show their 'Rider' I.D. card when using transportation services.

To Apply for a transportation I.D. Card, determine eligibility, and/or to obtain additional information about this program or other services for older adults, call MCDA at (414) 289-6874 from 7:00 a.m. to 5:30 p.m., Monday through Friday.

Ride Information: Rides are provided within Milwaukee County, Monday through Friday generally from 8:00 a.m. to 5:00 p.m., excluding major holidays. Present your Transportation I.D. Card when boarding the vehicle. Rides must be reserved 1 week in advance for individual rides; 2 to 3 days in advance for the group rides.

Transportation

Milwaukee County Department on Aging (MCDA) continued.

Group Rides: A group is defined as: (1) a number of seniors being picked up from the same apartment complex for grocery shopping (2) a number of seniors being picked up and going to the same nutrition site/senior center. Drivers assist passengers in boarding and leaving vehicles, aid in fastening seatbelts, escort passengers door-to-door and carry shopping bags.

Cost: A co-payment of \$3.00 is required each way for rides to medical and/or dental appointments. Contributions are accepted for other rides. Tipping is unnecessary.

Scheduling: To schedule a ride, call TRANSIT EXPRESS, Inc. at (414) 264-7433. A brief recorded message will be heard. Press “4” during the message to reach the operator who will assist you in scheduling your ride. If you have a rotary phone, stay on the line; someone will assist you after the recorded message ends.

Alternative Transportation Options: If you have a physical, cognitive or sensory disability which functionally prevents you from using the Milwaukee County fixed route bus system, you should call Transit Plus at (414) 343-1700. If you are enrolled in a Medicaid HMO of MCO, call your provider to arrange for medical trips.

NON-PROFIT TRANSPORTATION

Hospitals Providing Rides (*Check with your physician or the admitting hospital to see if they provide rides.*)

Lilac Bus Transportation(414) 302-8715

The Lilac Bus provides transportation for social activities for seniors, primarily in the West Allis area. Individuals are picked up at their place of residence and taken as a group to various outings: shopping, lunch and area local attractions. Riders must pre-register for the individual outings and the bus cost is \$3 per person, per trip. Individuals then pay for their own lunch, admissions, etc. Area businesses are invited to assist with the ongoing expenses in order to continue providing these needed services to seniors in the community.

West Central Interfaith(414) 774-1747

1236 S. 115th St.

West Allis, WI 53214 Volunteers provide rides to medical appointments. Call at least 14 days in advance.

Volunteer drivers are needed.

PRIVATE TRANSPORTATION

American United Taxi Cab(414) 220-5000

Home Instead Senior Care(414) 281-2273

9875 S. Franklin Dr., Suite 200

Franklin, WI 53132

Senior Express www.travelsenioexpress.com(262) 227-2232

Yellow Cab.....(414) 271-1800

Transportation

TRANSPORTATION RESOURCE INFORMATION

Wisconsin Division of Motor Vehicles.....www.dot.wisconsin.gov

Wisconsin Photo Identification (ID) Cards(608) 266-2353

ID cards are available to any Wisconsin resident who does not hold a valid photo license from Wisconsin or another jurisdiction. The ID card costs \$28 and is renewable every 8 years. ID cards may be obtained from any Motor Vehicle Department. It will be necessary to provide: Proof of name and date of birth; proof of identity, proof of Wisconsin residency, proof of U.S. citizenship, legal permanent resident status or legal temporary visitor status and your social security number.

Disabled Plates/Parking Placards..... (414)-266-1000

For information on obtaining disabled plates or parking placards, contact your physician or the Wisconsin Department of Motor Vehicles. Additional information is also available at the following website: www.dot.wisconsin.gov.

ISSUES WITH YOUR TRANSPORTATION

Milwaukee County Office for Persons with Disabilities.....(414) 278-3932

901 N. 9th St.

TTY (414) 278-3937

Room 307-B

Milwaukee, WI 53233 If you have any questions regarding safety, etc. about specialized transportation for people with disabilities please ask for the **Ombudsman for Transportation**.

Veteran Affairs

Milwaukee County Veteran's Service Office(414) 266-1234

FAX 414-266-1233

6419 W. Greenfield Ave.

Milwaukee, WI 53295-2000 Business hours: Monday through Friday 8:00 a.m. to 4:30 p.m.

This service educates veterans about the benefits available from the Wisconsin Department of Veteran Affairs: Loan Programs- primary mortgage, personal loans, and home improvements; Education/Training –retraining grants, Wisconsin G.I. Bill Tuition; Aid to Needy Veterans –Temporary Loss of Income, Low Income Dental; Hearing and Optical; VA Healthcare; Veterans Homes–Assisted Living, Nursing Facilities, Cemetery Interment. No appointment necessary.

Home Based Primary Care Program.....(414) 266-1234

6419 W. Greenfield Ave.

Milwaukee, WI 53295-2000 Provides home visits by RNs and LPNs to assist with medication management and monitoring of chronic conditions.

The Homemaker/Home Health Aid Program(414) 266-1234

6419 W. Greenfield Ave.

Milwaukee, WI 53295-2000 Adult daily living and independent adult daily living assistance through community agencies (e.g., Home Instead, MCFI), which the VA pays.

Veteran Affairs

Wisconsin Department of Veteran Affairs www.wisvets.com(800) 947-8387 or (608) 266-1311

Wisconsin Veterans Home at Union Grove(262) 878-6700

Wisconsin Department of Veterans Affairs (WDVA) recognizes that the troops – our veterans – need and deserve support just as much once they have returned home. WDVA offers an array of programs and services designed for veterans of all ages and eras, from World War II veterans through today’s generation of active-duty service members. Information is available on education benefits; job training grants; loan programs; obtaining records, medals or discharge upgrades; aid for incarcerated veterans; subsistence aid; dental, vision or hearing care assistance; homeless veterans assistance; veterans homes, cemeteries or funeral honors; resources for women veterans; how to file claims; Wisconsin Veterans Museum; transportation to health appointments; veterans license plates; sporting and recreation discounts; tax benefits for veterans and federal and state employment assistance.

Wisconsin Department of Veterans Affairs – Honor Flights.....(262) 238-7740

A hub for the Greater Milwaukee area, Stars and Stripes Honor Flight, is setup in Ozaukee County. Information and applications are available online at www.starsandstripeshonorflight.org and questions can be directed to Ozaukee County Veterans Service Office at (262) 238-7740.

Wisconsin Department of Veterans Affairs – Suicide Prevention Hotlines

Milwaukee Crisis Hotline(414) 257-7222

Federal VA National Suicide Prevention Hotline.....(800) 273-TALK or (800) 273-8255

The chat line address is www.suicidepreventionlifeline.org

Wisconsin Veteran Cemeteries www.WisVets.com/Cemeteries

Veterans must meet military service and residency requirement. Spouses and dependent children of veterans who were eligible for burial may be interred in state veterans’ cemeteries. A fee applies to all non-veteran interments. Veterans may establish in advance their eligibility for burial at the cemetery. There is no cost or obligation to pre-register. Contact the cemetery of your choice to obtain a pre-registration packet) application form, general information sheet, map and state cemeteries brochure), or access the form online at the WDVA website. www.WisVets.com/Cemeteries.

Dryhootch of America – Milwaukee www.dryhootch.org(414) 763-2785

1030 E. Brady St.

Milwaukee, WI 53202

A coffee house and a place for veterans to reconnect. Provides peer to peer counseling, resources on legal help, housing assistance and addiction. Open to the public.

Veteran Quest, Ltd......(414) 257-3622

1322 S. 117th St.

West Allis, WI 53214 A non-profit clinical program developed to serve veterans and their families. Staff includes trauma therapists, peer counselors, an AODA (alcohol and other drug abuse) specialist and a sand tray therapist. In house therapeutic clinical services and community outreach peer support programs for active and reserve status veterans who are having difficulties readjusting to civilian life. Mental health services to veterans and their families.

Volunteer Opportunities

West Allis is a volunteer's paradise. There are many schools, church groups, nursing homes and community organizations in need of your volunteer help.

Alzheimer's Association of Southeastern WI www.alz.org/sewi(414) 479-8800 or (800) 272-3900
620 S. 76th St., Suite 160

Milwaukee, WI 53214 Volunteer to help with clerical duties, assist with special events or assist with the helpline.

Arthritis Foundation, Wisconsin Chapter(414) 321-3933

10427 W. Lincoln Ave.

West Allis, WI 53227 Call for more information on volunteer opportunities.

Aurora West Allis Medical Center(414) 328-7175

8901 W. Lincoln Ave.

West Allis, WI 53227 Various patient contact and non-patient contact volunteer opportunities are available during weekdays and weekends.

Vision Forward Association(414) 258-9200

912 N. Hawley Rd.

Information Line (414) 615-0135

Milwaukee, WI 53213 Volunteer help is needed to provide transportation, reading in client's homes, shopping assistance and recreational activities.

Hunger Task Force of Milwaukee(414) 777-0483

201 S. Hawley Ct.

Milwaukee, WI 53214 Help to sort and deliver food for the hungry.

Interfaith West Central Program for the Elderly(414) 774-1747

1236 S. 115th St.

West Allis, WI 53214 Assist others by visiting, shopping, telephone reassurance, and transportation.

Mayor's Office(414) 302-8290

7525 W. Greenfield Ave.

West Allis, WI 53214 Volunteer to serve on a Board or Committee for the City of West Allis.

VMP Manor Park(414) 607-4276

3023 S. 84th St.

West Allis, WI 53227

West Allis Health Department(414) 302-8600

7120 W. National Ave.

West Allis, WI 53214 Assist with vision and hearing screenings in the school setting, and help with the annual flu and pneumonia clinics. Training is provided.

West Allis Police DepartmentNonemergency: (414) 302-8000

11301 W. Lincoln Ave.

Information Line: (414) 302-8054

West Allis, WI 53227 Volunteer for Neighborhood Block Watch, Crime Prevention or National Night Out.

Volunteer Opportunities

West Allis Police Reserve(414) 302-8000
11301 W. Lincoln Ave. **Training Bureau: (414) 302-8156 or (414) 302-8134**

West Allis, WI 53227 The Police Reserves, a highly motivated group of professionals, are driven by their desire to serve the West Allis Police Department and the City of West Allis. Duties while assisting regular police officers include but are not limited to: traffic control during parades, security at civic events, school sporting activities, school entertainment events, West Allis Police Crime Prevention events and pedestrian and traffic control. Reserve officers also work with organizations such as Special Olympics, West Allis Chamber of Commerce and the Community Alliance Against Drugs (CAAD) program.

West Allis Senior Center(414) 302-8700
7001 W. National Ave.

West Allis, WI 53214 Help with the newsletter, teach classes, assist with special events, become a group leader or facilitator, or make homemade knitted and crocheted items for the Gifts of Warmth program that benefits children, homebound frail elderly and individuals in area shelters.

West Allis –West Milwaukee Public Schools.....(414) 604-3000
Educational Administration Center

1205 S. 70th St.

West Allis, WI 53214 Help is needed to provide tutoring in math, reading, etc. Be a foster grandparent in a classroom and more. You may also contact the nearest school to you for more information on volunteer opportunities.

Wisconsin Chapter of the Leukemia & Lymphoma Society.....(262) 790-4701
4125 N. 124th St., Unit A

Brookfield, WI 53005 Help the Leukemia and Lymphoma Society fight against cancer. Help is needed with mailings, data entry and special event support.

Wisconsin Parkinson Association www.wiparkinson.org(800) 972-5455
945 N. 12th St., Suite 4602

Milwaukee, WI 53233 Help with support groups, clerical work and fundraising events.

Volunteer Center of Greater Milwaukee www.volunteermilwaukee.org.....(414) 273-7887
2819 W. Highland Blvd.

Milwaukee, WI 53208 The Volunteer Center is Milwaukee's primary resource for volunteerism. Visit the web site to learn more.

Volunteer Ombudsman Program..... (800) 815-0015

Sign up to be a volunteer advocate for residents in nursing homes in our community. You can make a difference in the lives of those living in area nursing homes. Or visit the Wisconsin Board on Aging and Long Term Care at www.longtermcare.wi.gov for an application and additional information.

West Allis Senior Center (WASC) –Programs and Services

West Allis Senior Center (WASC).....(414) 302-8700
7001 W. National Ave.
West Allis, WI 53214

SENIOR SERVICES –SUPPORT GROUPS & ASSISTANCE PROGRAMS

Beat the Blues –Weekly Peer “Talk” Group (with facilitator): Group members share and care in a safe environment. This group helps with bereavement, depression, loneliness, etc.

Depends on You! –AA for the Older Adult (WASC is a host site): Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. Senior Center membership is not required to attend this weekly support group.

Hunger Task Force Stockbox (Host Pick-Up Site): This is a program dedicated to the health of low-income seniors in Milwaukee County. Please call “211” for more information on the eligibility requirements. The West Allis Senior Center is a host site for this nutritional program.

Interfaith Resource Center (WASC is a host site): Information is available on senior housing, health needs, employment, care giving, household assistance, meals and transportation. Assistance is offered free to Milwaukee County residents 60 years of age or older.

Legal Information Service (WASC is a host site): Free 15-minute appointments are available to discuss a variety of legal matters, including, but not limited to: Estate Planning, Wills, Living Will, Power of Attorney forms (Health Care and Durable/Financial), Personal Injury, Probate, Real Estate, Reverse Mortgages and Social Security.

S.A.F.E. Book (Senior Awareness –Focus on Help & Enrichment): The Senior Center offers a resource and information publication to connect older adults with community services, resources and agencies. Copies may be picked up free of charge at the West Allis Senior Center, 7001 West National Ave. To request to have a copy mailed, please send a self addressed 9” by 12” envelope with \$3.00 postage to: **S.A.F.E. BOOK**, C/o West Allis Senior Center, 7001 W. National Ave., West Allis, WI 53214

Senior Meal Program (WASC is a host site): Any person age 60 or older, regardless of income and his or her spouse of any age may participate in this nutritious meal program. All meals must be reserved at least one day in advance, before noon. Reservations can be made in person or by calling (414) 302-8703. The suggested contribution is \$2.50 per meal.

Volunteer Opportunities: The West Allis Senior Center relies on volunteers in all capacities, from general office tasks to teaching classes and facilitating group activities. Volunteers are the pulse of the Senior Center providing the energy and sustenance needed to keep programs and activities running smoothly.

SPECIAL EVENTS, EDUCATIONAL & WELLNESS PROGRAMS

Fitness Program & Classes: The West Allis Senior Center offers a variety of fitness programs including the Arthritis Exercise Classes and the Exercise for Seniors Class. In addition to the classes, the Senior Center also has a fitness program for members to use with their physician’s

West Allis Senior Center (WASC) – Programs & Services

approval. The fitness equipment in this area includes treadmills, recumbent bikes, Nu-Steps and Keiser pneumatic weight machines. The Arthritis Walk with Ease Class is also offered throughout the year.

Fundraisers: The Senior Center sponsors various fundraisers including Rummage Sales, Craft Fairs, raffles and a holiday Cookie Sale.

Gifts of Warmth: Senior Center volunteers create a variety of items for various community groups. Homemade hats, mittens and scarves are donated to Fox 6's Vince Condella's Coats for Kids program. Baby caps, booties, afghans and quilts are donated to the West Allis Health Department's Stork's Nest Program, a well-baby educational program for low-income mothers and their babies. "Warm-Up America" afghans are also created and donated to area shut-ins, local shelters, the homeless, and to area families in need. Volunteers also make "skull caps" or helmet liners for our service men and women overseas.

Guest Speakers: Entertaining and educational presentation topics vary and range from health, wellness, personal safety, home improvement/fix-it sessions, making or saving money, End of life topics (advance directives), preserving memories and a host of other topics.

Living Well with Chronic Conditions (WASC is a host site): These classes are highly participative. Participants build confidence in their ability to manage their health and maintain active and fulfilling lives. Classes run for six weeks, meeting once a week for 2 ½ hours each week and provide an opportunity for people with different chronic health problems to learn how to self-manage and provide mutual support for others with chronic conditions. Classes are held at various locations including the West Allis Senior Center. For information on specific class dates, times and locations, please call Milwaukee County Department on Aging at 414-289-6874.

Senior Breakfast Group: This peer group meets once a month to share camaraderie, ideas and discussions on a variety of topics. Participants meet at area restaurants.

Senior Government Day: An annual educational seminar featuring guest speakers and/or panelists who provide important information on a wide variety of topics or themes pertinent to older adults.

Themed Events: The Senior Center cosponsors themed parties with the Senior Meal Program – Mardi Gras, Valentine's Day, St. Patrick's Day, Spring Fling, Independence Day, Halloween, Veteran's Day and an annual Christmas Celebration. Word games, puzzles, contests, door prizes and refreshments help to make each event special.

Volunteer Recognition Event: A Volunteer Recognition Event is held annually. It consists of an awards program, a luncheon and entertainment. The Senior Center has approximately 160 volunteers who donate thousands of hours each year in a multitude of program areas.

Wellness Wednesdays (Formerly Weight Loss Zone): This 10-week facilitated wellness and weight loss support group program focuses on healthy nutrition and includes an optional weekly weigh-in.

West Allis Senior Center (WASC) –Services

Arts & Craft Classes

Beginner's Acrylic Painting
Quilting Group
Craft Connection
Floral Design
Knitting & Crocheting
Basic Quilting Class
Stained Glass

Card & Board Games

Bridge
Cribbage
Pinochle
Sheepshead

Computer Classes

Basic Computer I & II
Digital Photography
How to Use the Internet
Free Wireless Internet Access

Fitness

15–Minute Walk Sessions
Arthritis Foundation's Exercise Classes
Arthritis Foundation's Walk with Ease Classes
Exercise for Seniors Classes
Fitness Program – Treadmills, Nu-Step,
Recumbent Bikes, and Keiser Weight
Equipment

Fun, Frolic, & Friendship

Movie Matinees
Free Bingo for Fun
Rambling Roses Red Hatters
Senior Breakfast Outings

Health & Wellness

Arthritis Exercise Class
Fitness Program – Treadmills, Recumbent
Bikes, Nu-Steps and Keiser Weight
Machines
Living Well w/Chronic Conditions Workshops
Podiatrist Appointments
Arthritis Walk with Ease Class
Wellness Wednesdays (formerly Weight Loss
Zone): 10 – Week Program

Music Participation & Appreciation

Nightingales' Group Sing Along
Young at Heart Chorus

Recreational Activities

Bowling League
Ballroom Dance Class
Dart Ball League
Pocket Billiards

Volunteer Opportunities

Class Instructors
Computer Instructors and Lab Monitors
Data Entry
Door Monitors
Fitness Room Monitors
General Office Helpers
Gifts of Warmth Projects
Group Leaders
Hospitality and Building Tour Guides
Kitchen Crew
Office Assistants
Special Event Assistants
Musicians
Newsletter Project
Special Event Assistants
Statistics

Wii Games

Bowling, Tennis, Baseball, & More

Index

211- Community Resource Specialists	back cover, 17, 21 & 34
AA for the Older Adult – Depends on You	13
AARP (American Association for Retired Persons).....	36
Administrative Office	3
Adult Day Service Programs	6 & 7
Adult Day Services and Resources (Formerly Catholic Charities)	6
Advance Directives.....	16
Aging with Dignity (Five Wishes).....	16
Aging Resource Center of Milwaukee County	7 & 33
Alcoholics Anonymous.....	13, 18 & 47
Allis Care Center.....	32
Alverno College	15
Alzheimer's Association of Southeastern Wisconsin.....	18 & 45
Ambulance Service	6
American Association for Retired Persons (AARP).....	36
American Foundation for the Blind	18
American United Taxi Cab	42
ANEW Health Care Services.....	23
Applewood Senior Living.....	27
Area Agency on Aging	8
Arthritis Foundation, Wisconsin Chapter	18 & 45
Asera Care.....	17
Assessor	3
Assisted Living Residences & Community Based Residential Facilities.....	27 & 28
Asthma Home Walkthrough Program (West Allis Health Department)	20
AT&T Telephone Repair Service	back cover
Attorney for the City.....	3
Aurora Adult Day Center	6
Aurora Freedom Membership Program	18
Aurora Psychiatric Hospital.....	12
Aurora Sinai Geriatric Institute.....	13
Aurora Visiting Nurse Association of Wisconsin.....	23
Aurora VNA's – Lifeline	21
Aurora VNA's Zilber Family Hospice	17
Aurora West Allis Medical Center - Ziebert Medical Library	21
Aurora West Allis Medical Center	21 & 45
Autumn Villa	27
Badger Association of the Blind & Visually Impaired.....	18
Battered Women (Milwaukee Women's Center).....	13
Beat the Blues – Peer Support Group (West Allis Senior Center).....	47
BenefitsCheckUp	7 & 38
Bereavement Counseling	17
Berkshire Apartments	25
Better Business Bureau.....	8
Board on Aging and Long Term Care	31
BrightStar Healthcare.....	23
Building Inspections and Zoning – City of West Allis.....	3
Burnham Village.....	25
Canadian Prescription Drug Program	37
Carnegie Place Apartments.....	25

Index

Castle Home Care, Inc. (CBRF)	27
Center for the Communication, Hearing and Deafness	18
City of West Allis – Administrative Office	3 & 38
City of West Allis – Assessor	3
City of West Allis – Building Inspections and Zoning	3
City of West Allis – City Attorney	3
City of West Allis – Clerk	3
City of West Allis – Community Development	3
City of West Allis – Development	3
City of West Allis – Engineering	3
City of West Allis – Farmer’s Market	3
City of West Allis – Finance	3
City of West Allis – Fire Department	3, 6 & back cover
City of West Allis – Forestry and Grounds Division	4
City of West Allis – Health Department	3, 20, 21 & 45
City of West Allis – Home Repairs, Services & Housing Assistance	25
City of West Allis – Housing Authority (Department Of Housing)	25
City of West Allis – Housing Division	3
City of West Allis – Library	3 & 30
City of West Allis – Mayor	inside front cover, 3, 38 & 45
City of West Allis – Municipal Court	3
City of West Allis – Police Department	3, 5, 45 & back cover
City of West Allis – Public Works Department	4
City of West Allis – Recycling Office	4
City of West Allis – Rent Assistance Program	25
City of West Allis – Sanitation and Street Division	4
City of West Allis – Senior Center	inside front cover, 4, 40, 46 - 48
City of West Allis – Treasurer	3
City of West Allis – Water Division	4
Clement J Zablocki VA Medical Center	14
Clement Manor	28
Clement Manor Health Care Center	32
Clement Manor Retirement Community	27
Clement Manor Adult Day Care	6
Coalition for Wisconsin Aging Groups - CWAG	8, 30 & 37
Communicable Disease Control (West Allis Health Department)	20
Community Advocates	31
Community Based Residential Facilities – CBRF	27 & 28
Community Care	6
Community Meal - St. Peter’s Episcopal Church	33
Community Resource Specialists (211)	back cover, 21 & 34
Computer Classes	49
Congress	37
Consumer Action Website	8
Consumer Issues	7 – 11
Consumer Protection Regional Office	8
Coping with Loss	17
Counseling Services & Support	12 - 14
Courtyard Apartments	25

Index

Creative Living Environments Layton Court	27
Crime Prevention (West Allis Police Department)	5 & 45
Crisis Line (Mental Health Counseling)	back cover
Curative Care Network	23
Curative Senior Care Center	6
Wisconsin Dental Association Foundation (donated dental work)	14
Dental Care Information	14 & 15
Depends on You – AA for the Older Adult	47
Disability Drug Benefit Helpline	31
Disability Rights of Wisconsin	8 & 31
Disabled Plate and Placards	43
Donated Dental Services Program for Southeastern Wisconsin.....	14
Dryhooch of America	44
Easter Seals Adult Day Services.....	7
Education	15 & 16
Elder Abuse Helpline (ElderWatch/ElderLink)	back cover
Elder Abuse.....	9 & 13
Elder Care Locator	9
Elder Link & Elder Watch 24-hour hotline	back cover
Elderhostel, Inc. (New Name: Road Scholar – Adventures in Lifelong Learning).....	15
Elderwatch	22
Elderly Emergency Needs: Fuel/Food/Shelter.....	back cover
Emergency Food Pantry.....	34
End of Life Issues	16
Epilepsy Foundation of Southeast Wisconsin.....	18
EyeCare America – Senior EyeCare Program	18
Family Caregiver Support Network.....	9, 22, 32 & 39
Farmers Market.....	3 & 21
Fire Department	3, 6 & back cover
Fire Safety.....	6
First Lutheran Church - Food Pantry	33
First United Methodist Church - Food Pantry	34
Fishing License	9
Flea Market (formerly West Allis Farmer’s Market Trash & Treasure	20
Food Pantries	34 & 35
FoodShare	33
Fraud Prevention.....	5
Froedtert & Medical College – Geriatric Psych Clinic.....	12
Geriatric Evaluation/Assessment (Aurora Sinai and also Froedtert).....	13
Geropsychiatry Center (Milwaukee County Behavioral Health Division).....	12
Gifts of Warmth – West Allis Senior Center Volunteer Opportunity	48
Gonzaga Hall Food Pantry (St. Aloysius Church).....	34
Gonzaga Village.....	25
Good Samaritan Outreach Center – Food Pantry	34
Goodwill – Shopping Service	35
Governor of Wisconsin.....	37
Government Made Easy.....	37
Groceries on the Go	35
Grocery Shopping Store Pick-up and Home Delivery.....	35

Index

Grocery Shopping Via Transit Express	35
Guadalupe Southside Dental Clinic	14
Harmony at Brenwood Park.....	27
Hawley Ridge Apartments.....	26
Health Insurance Marketplace	38
Health Organizations	18 & 21
Health Services - Aurora West Allis Medical Center.....	21
Health Services - West Allis Health Department	20 & 21
Hearing Screening (Aurora West Allis Medical Center)	17
Helping Services	21 - 23
Heritage House.....	26
Heritage West Allis Senior Living Campus.....	26 & 27
Hillcrest Home	27
Holy Assumption Catholic Church – Food Pantry	34
Home Based Primary Care Program (Veterans’ Affairs)	43
Home Delivered Meals	33
Home Delivery Services	22
Home Health Care & Assistance Services.....	23 - 24
Home Instead Senior Care	23 & 42
Home Repairs (see National Association of Remodeling Industry)	10
Home Security Program.....	5
Homemaker/Home Health Aid Program	43
Homestead Credit Forms & Information	9
Honor Flights (WI Department of Veterans Affairs).....	44
Horizon Home Care and Hospice	17, 23 & 33
Horizon Lawlis Hospice Unit	17
Hospice Providers	17 & 18
Housing	25 - 29
Humane Animal Welfare Society of Waukesha County, Inc. (HAWS).....	36
Hunger Task Force of Milwaukee	33
Hunger Task Force Stock Box.....	33, 45 & 47
Identification Cards Only - Wisconsin License	29
Immaculate Heart of Mary Catholic Church – Food Pantry.....	34
Immunization Services – West Allis Health Department Services	20
Independence First	22
Independent Senior Housing.....	25
Interfaith Personal Care Plus	24
Interfaith West Central Program for the Elderly.....	22 & 45
Interfaith West Central Resource Center (located in West Allis Senior Center).....	47
Issues with Transportation (Milwaukee County Office for Persons with Disabilities).....	43
Kindred Transitional Care & Rehab – Milwaukee	32 & 39
LaFollette Apartments	26
Landmark of West Allis, The.....	26
Late Life Counseling Service for Homebound Older Adults	12
Legal Action of Wisconsin – Senior Law	7, 9 & 30
Legal Action of Wisconsin	9
Legal Information Service	47
Leukemia - Lymphoma Society - Wisconsin Chapter	19
Library (City of West Allis).....	3 & 30

Index

Library Outreach.....	30
Library Square	26 & 27
Lilac Bus Transportation.....	42
Lincoln Terrace.....	28
Living Will/Power of Attorney Forms.....	16
Long Term Care Resources	30
Luther Manor Adult Day Care.....	7
Lymphoma – Leukemia Society	46
Majdecki’s Piggly Wiggly Home Delivery	35
Marquette School of Dentistry and Dental Hygiene.....	14
Marquette University	15
Marquette University Community Cental Clinic South.....	14
Mary Jude Nursing Home.....	32
MATC – Milwaukee Area Technical College	15
MATC – Milwaukee Area Technical College & Dental Hygiene Clinic	14
Mayor – City of West Allis.....	inside front cover, 38, & 45
Meadowmere Assisted Living Apartments (part of the Mitchell Manor Complex).....	28
Meal Programs and Assistance	33
Medical Assistance Program (Medical Rides)	41
Medicare	31
Medicare, Insurance, & Legal Advocacy	30 & 31
Medicare Part D and Prescription Drug Helpline	31 & 38
Medigap Helpline.....	31
Mental Health Complex.....	back cover
Milwaukee Center for Independence	22
Milwaukee County Aging Resource Center- Funded Rides (through Transit Express)	41
Milwaukee County Behavioral Health Div. – Intervention Crisis Service.....	12
Milwaukee County Board of Supervisors.....	37
Milwaukee County Center for Independence – Health Services	22
Milwaukee County Cooperative Extension	15
Milwaukee County Department on Aging - Home Delivered Meals	33
Milwaukee County Department on Aging (New Name: Aging Resource Center of Milw. County)	8, 7, 22, 35 & 41
Milwaukee County District Attorney's Office	9
Milwaukee County Government.....	37
Milwaukee County Office on Persons with Disabilities.....	back cover & 43
Milwaukee County Prescription Drug Discount Card - NACo	38
Milwaukee County Senior Meal Program Sites.....	33
Milwaukee County Transit System.....	40
Milwaukee County Transit System - Discounted Fare Rides.....	41
Milwaukee County Veteran’s Service Office	43
Milwaukee County Winter Farmers’ Market.....	35
Milwaukee Dental Association	14
Milwaukee Health Service (General Dentistry)	14
Milwaukee Women’s Center	9
Mitchell Manor Adult Day Services	7
Mitchell Manor	32 & 39
Mobile Meals of Aurora VNA	33
Mount Hope Adult Center	40
Municipal Court.....	3 & 5

Index

Myasthenia Gravis Support Group	19
National Adult Day Services Association - NASDA	10
National Alliance for Caregiving.....	7
National Alliance on Mental Illness Greater Milwaukee - NAMI	19
National Association of Remodeling Industry - NARI – (Home Repairs).....	10
National Center for Benefits Outreach and Enrollment.....	7
National Center on Elder Abuse - NCEA.....	9 & 10
National Council on Aging – NCOA.....	10
National Highway Traffic Safety Administration.....	10
National Osteoporosis Foundation.....	19
Neighborhood Watch.....	5
New Freedom.....	41
No Call List.....	10
Non–Profit Transportation.....	42
Nursing Homes Near or In West Allis.....	32
Nutrition, Food, & Grocery Shopping	33 – 36
Oak West Apartments	26
Office for the Blind and Visually Impaired	19
Office of Adult and Returning Students – UWM Education Over Age 60	16
Office of the Governor.....	37
Ombudsman Services-Nursing Home/CBRF Patient Rights.....	10, 13 & 30
Operation Identification	5
Outpatient Counseling Services of Lutheran Social Services.....	12
Parkinson's Disease Support Group.....	19
Pea Pod (Internet Grocery Service)	35
Pet Related Services.....	36
Poison Control Center.....	back cover
Police Department.....	3, 5, 45 & back cover
Political Advocacy	36 & 37
Political Contact Information.....	37 & 38
Power of Attorney for Health Care.....	16
Prescription Drug Drop Off Site.....	5
Prescription Drugs	38 & 39
President of the United States	37
Prestige Home Health Care.....	24
Private Transportation.....	42
Professional Development School of Continuing Education at UWM	15
Professional Home Care Services.....	24
Property Tax Deferral Program-WHEDA (Wisconsin Housing and Economic Development Authority)	12
Public Health Nursing (West Allis Health Department).....	20
Public Works Department (City of West Allis)	4
Rainbow Park Home	28
Rainbow Terrace.....	27
Rehabilitation Hospital of WI.....	19
Rent A Daughter Services, Inc.....	24 & 39
ResCare Homecare.....	24 & 39
Respite Services (Long & Short Term Relief for Caregivers).....	39
Retirement Homes Near or in West Allis	28 - 29
Road Scholar – Adventures in Lifelong Learning (formerly Elderhostel)	15

Index

Rogers Memorial Hospital of Milwaukee.....	12
S.A.F.E. Book (Senior Awareness, Focus on help & Enrichment)	inside front cover & 47
St. Aloysius Meal Program	33
St. Camillus Assisted Living.....	28
St. Camillus Home Health and Hospice	23
St. Camillus Skilled Nursing Care	32
St. Gregory the Great Catholic Church.....	34
St. John’s Lutheran Church – Food Pantry	34
St. Joseph Hospital.....	17
St. Matthias Catholic Church - Food Pantry	35
St. Rita's Catholic Church – Food Pantry	35
San Camillo Retirement Community.....	26
San Camillo.....	28
Seasons Hospice & Palliative Care.....	17
Senators.....	37
Senior Breakfast Group.....	48
Senior Centers & Recreational Programs in the West Allis Area	40
Senior Express	42
Senior Government Day (An annual educational informational seminar for older adults).....	48
Senior League – First United Methodist Church Luncheon Program	40
Senior Meal Program	33
Senior Placement Network, Inc.	25
Senior Referrals, Inc. (online directories).....	11
Senior Resource Ltd.....	25
SeniorCare Wisconsin Prescription Drug Program, Forms, and Assistance	38
SeniorLaw	31
Social Development Commission – Energy Assistance.....	11
Social Security Administration	31
Specialized Transportation - Milwaukee County Department on Aging.....	41
Staff One Health Care, Ltd	24 & 39
State Bureau on Aging and Disability Care Resources	11
State of Wisconsin	37
State of Wisconsin Board on Aging & Long-Term Care	11
State of Wisconsin Commissioner of Insurance	11 & 31
State of Wisconsin Consumer Protection Regional Office.....	11
State of Wisconsin Department of Agriculture, Trade and Consumer Protection Bureau	11
Stress Management and Mental Health Clinic.....	12
Suicide Prevention Hotline	44
Sunrise Apartments.....	26
Talking Books & Braille Books (WI Regional Library for the Blind & Physically Handicapped)	28
Tall Oaks Group Home.....	28
Telecare Program – (Aurora West Allis Medical Center).....	22
Telecommunications Relay System.....	23
Telephone Reassurance – (Interfaith Older Adult Programs)	23
Telephone Repair Service – AT&T	back cover
The Landmark of West Allis.....	26
Transit Express – (Aging Resource Center – Milwaukee County).....	35 & 41
Transit Plus	41
Transportation.....	40 - 43

Index

Tudor Oaks Health Center	32
Tudor Oaks Retirement Community.....	29
United States Department of Housing & Urban Development (HUD)	12 & 25
University of Wisconsin- Milwaukee County Cooperative Extension	15
University of Wisconsin Milwaukee School of Continuing Education.....	15
University of Wisconsin Milwaukee – School of Continuing Education - Office of Adult and Returning Student	16
Valentino Senior Housing.....	26
Veteran Affairs.....	43 - 44
Veteran Affairs, Home Based Primary Care Program.....	43
Veteran Affairs, The Homemaker/Home Health Aid Program	43
Veteran's Affairs Adult Day Care	7
Veteran’s Quest, Ltd.	44
Victim Assistance	13
Vision Forward (formerly know as Badger Association of the Blind and Visually Impaired)	19 & 45
Visiting Angels	24
Visiting Nurse Association of Wisconsin - Community Hospice	18
Visiting Physicians Association.....	24
Vitas Ruth Hospice House	17
Vitas Innovative Hospice Care – Milwaukee	18
VMP – Manor Park.....	26, 28, 29, 39 & 45
VMP –Manor Park Senior Community Center.....	40
Volunteer Benefits Counseling Program (CWAG).....	8 & 30
Volunteer Center of Milwaukee.....	46
Volunteer Ombudsman Program	46
Volunteer Opportunities.....	45 & 46
Water Division.....	4
WAWM Recreation & Instructional Community Center	40
WCTC-Waukesha County Technical College Dental Hygiene.....	15
WE Energies Electric Emergency (Lights Out)	back cover
WE Energies Gas Emergency	back cover
Weight Loss Zone (New Name Wellness Wednesdays)	48
Welcome	inside front cover
Wellness Wednesdays (West Allis Senior Center)	48
West Allis - West Milwaukee Chamber of Commerce	11
West Allis – West Milwaukee Public Schools	46
West Allis City Hall	3 & 38
West Allis Commission on Aging	inside front cover, 4
West Allis Common Council Members	2
West Allis Community Garden.....	21
West Allis Crime Stoppers.....	5
West Allis Farmers’ Market.....	21 & 36
West Allis Fire Department	6 & back cover
West Allis Health Department.....	3, 20 & 45
West Allis Library.....	30
West Allis Mediation Center	5
West Allis Paramedics	6
West Allis Police Department.....	3, 5, 45 & back cover
West Allis Police Reserve.....	46
West Allis Psychiatric Associates.....	12

Index

West Allis Public Works.....	4
West Allis Senior Center	4, 40, 46 - 48
West Allis Senior Center - Meal Program	33 & 40
West Allis Senior Center - Services, Classes & Activities.....	47 - 49
West Central Interfaith Resource Office.....	22 & 47
West Central Interfaith – Volunteer Ride Program	42
West Park Place Senior Living	27 & 28
White House Greetings Office.....	37
Wisconsin Adult Day Services	6
Wisconsin Board on Aging and Long Term Care	30
Wisconsin Chapter of the Leukemia & Lymphoma Society	19 & 46
Wisconsin Dental Association Foundation	14 & 15
Wisconsin Department of Health Access	39
Wisconsin Department of Natural Resources	9 & 11
Wisconsin Department of Transportation (DOT).....	29
Wisconsin Department of Veteran Affairs	44
Wisconsin Department of Agriculture, Trade & Consumer Protection – Regional Office	11
Wisconsin Division of Motor Vehicles.....	42
Wisconsin Housing and Economic Development Authority - WHEDA.....	12
Wisconsin Humane Society Services.....	36
Wisconsin Identification Cards.....	29 & 43
Wisconsin Parkinson Association.....	19 & 46
Wisconsin Regional Library for the Blind and Physically Handicapped	30
Wisconsin SeniorCare Prescription Drug Program Information	38
Wisconsin Senior Medicare Patrol - SMP	8, 30 - 31
Wisconsin Talking Books & Braille Library	16
Wisconsin Telecommunications Relay System	22
Wisconsin Veteran’s Cemeteries	44
Wisconsin Veteran’s Home of Union Grove	32 & 44
Wisconsin Well Women’s Program – WWWP	21
Yellow Cab	42
Ziebert Medical Library –Aurora West Allis Medical Center.....	21

Notes:

Notes:

EMERGENCY PHONE NUMBERS

Police or Fire Department	911
Community Assistance Help & Information Line	211
Crisis Line (Mental Health Counseling)	(414) 257-7222
Elder Abuse Helpline (Elderlink/Elderwatch)	(414) 289-6874
Elderly Emergency Needs: Fuel/Food/Shelter	(414) 289-6874
ElderLink & ElderWatch (24 Hour Hotline)	(414) 289-6874
Mental Health Complex.....	(414) 257-6995
Milwaukee County Office on Persons with Disabilities	(414) 278-3932
Poison Control Center.....	(414) 266-2222
AT&T Telephone Repair Service	toll free number 1-888-611-2344
WE Energies Electric Emergency (Lights Out).....	toll free number 1-800-662-4797
WE Energies Gas Emergency	toll free number 1-800-261-5325

NONDISCRIMINATION STATEMENT: The City of West Allis does not discriminate on the basis of race, color, religion, age, marital or veterans' status, sex, national origin, disability, or any other legally protected status in the admission or access to, or treatment or employment in, its services, programs or activities.

AMERICANS WITH DISABILITIES ACT NOTICE: Upon reasonable notice the City will furnish appropriate auxiliary aids and services when necessary to afford individuals with disabilities an equal opportunity to participate in and to enjoy the benefits of a service, program or activity provided by the City.

LIMITED ENGLISH PROFICIENCY STATEMENT: It is the policy of the City of West Allis to provide language access services to populations of persons with Limited English Proficiency (LEP) who are eligible to be served or likely to be directly affected by our programs. Such services will be focused on providing meaningful access to our programs, services or benefits.

West Allis a S.A.F.E. City!

The listing of a service, program, or agency in this book does not imply endorsement.